

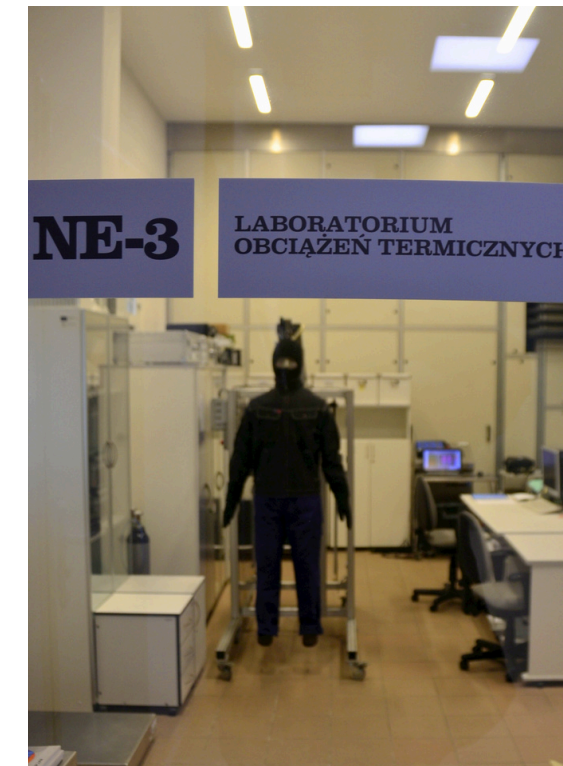
# **Clothing adjustment value (CAV) as an element of employee protection against excessive exposure to hot environment**

**Magdalena Młynarczyk, Ph.D. (Eng.), D.Sc.**

Head of the Laboratory of Thermal Load  
Department of Ergonomic

**WORKSHOP BAuA-CIOP-PIB**  
Session 3 Physical Agents  
09 October, 2024

# NE-3 Laboratory of thermal load



**CIOP**  **PIB**

Pracownia Obciążeń  
Termicznych

# Agenda

**01 Background of the study**

**02 Polish OSH regulations**

**03 Problem Statement**

**04 Methodology**

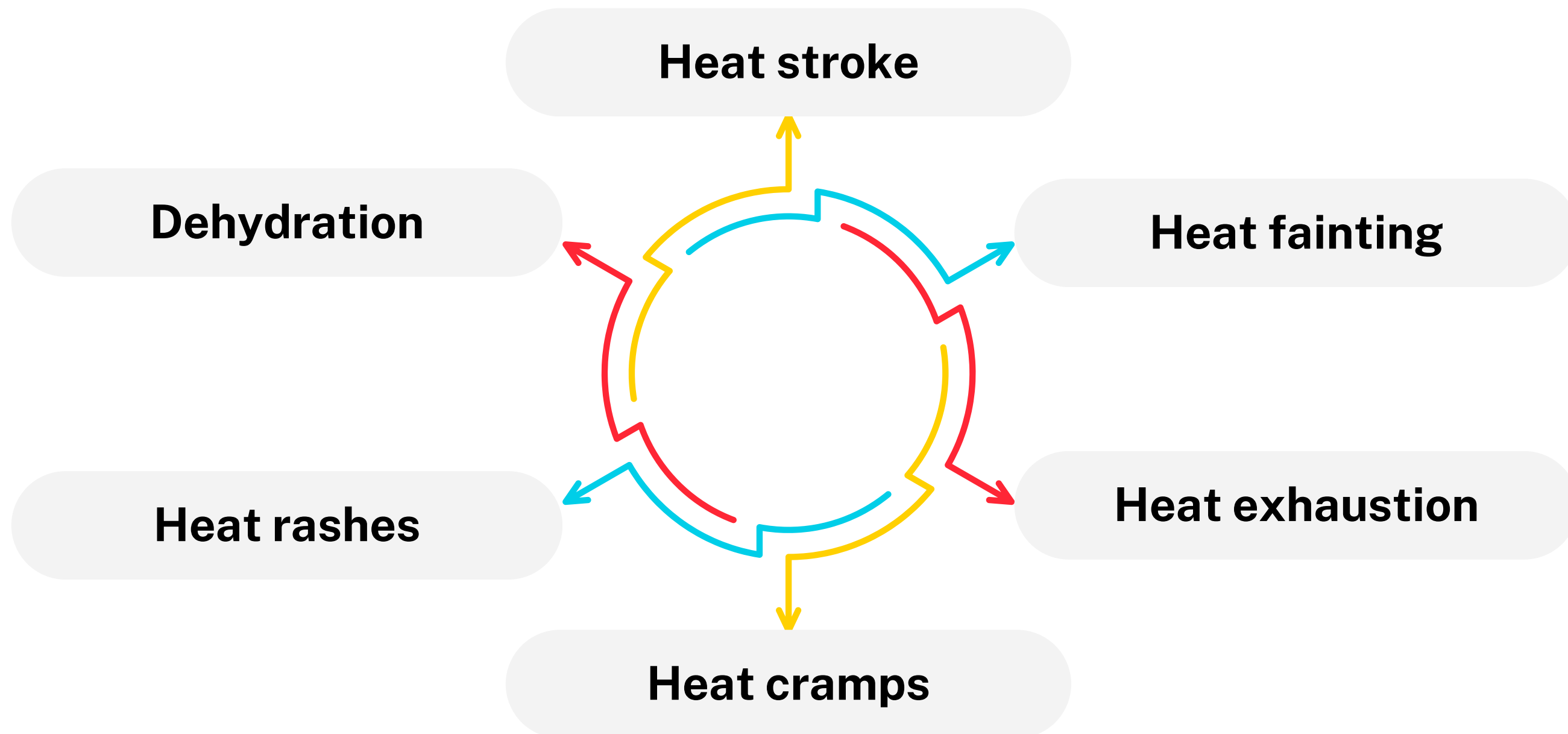
**05 Results**

**06 Next step**

01

# Background of the Study

The negative health effects of working in a hot environment



01

# Background of the Study

**High temperature as factor hazard**

**HOT environment**

- ironworks
- foundries
- bakeries,
- mining, etc.

**climate change**

- indoor worker  
(inside buildings;  
offices; etc.)
- outdoor worker  
(i.a.: construction  
workers; farmers)



01

# Background of the Study

High temperature as factor hazard

**WBG**T

**Wet-Bulb Globe  
Temperature**

• ironworks

• bakery  
• mining, etc.

climate change

• indoor worker  
(inside buildings;  
offices; etc.)

• outdoor worker  
(i.a.: construction  
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01

# Background of the Study

High temperature as factor hazard

HOT environment  
**WBG**

**Wet-Bulb Globe  
Temperature**

- ironworks
- bakeries
- mining, etc.

climate change

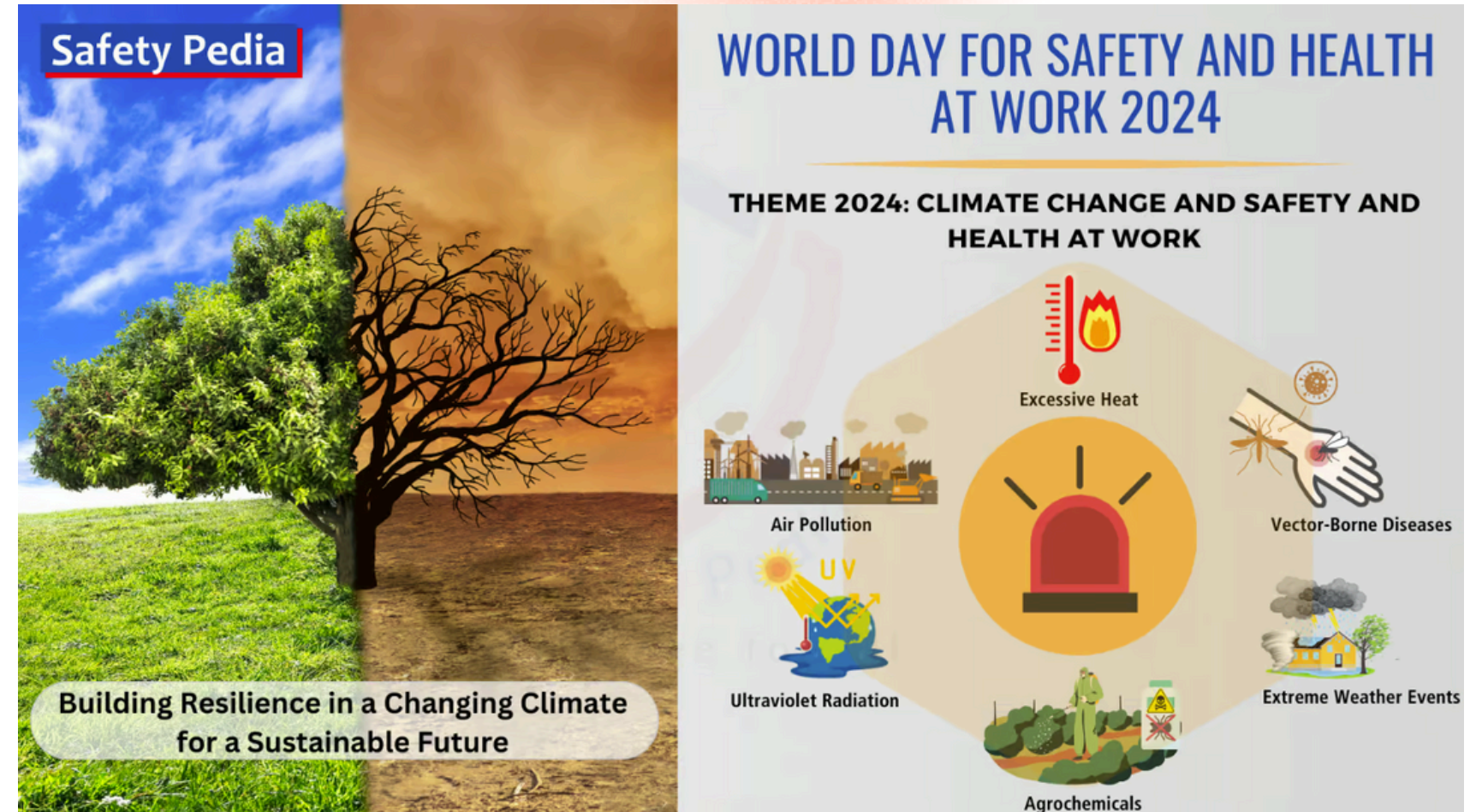
???

- indoor worker  
(inside buildings;  
offices; etc.)

- outdoor worker  
(i.a.: construction  
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# CLIMATE CHANGE



**“A ‘staggering’ number of workers, amounting to more than 70% of the global workforce, are likely to be exposed to climate-change-related health hazards, and existing occupational safety and health (OSH) protections are struggling to keep up with the resulting risks, according to a new report by the International Labour Organization (ILO)”.**



International  
Labour  
Organization

## General climate-related OSH hazards



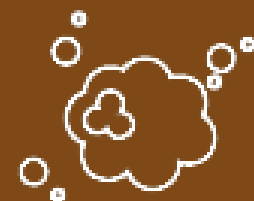
**Excessive heat**



**Ultraviolet (UV) radiation**



**Extreme weather events**



**Air pollution**



**Vector-borne diseases**



**Agrochemicals**



# General climate-related OSH hazards



**Excessive heat**

- indoor worker  
(inside buildings;  
offices; etc.)

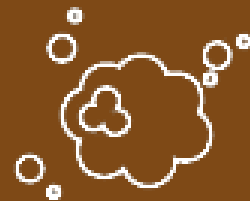


**Ultraviolet (UV) radiation**

- outdoor worker  
(i.a.: construction  
workers; farmers)



**Extreme weather events**



**Air pollution**



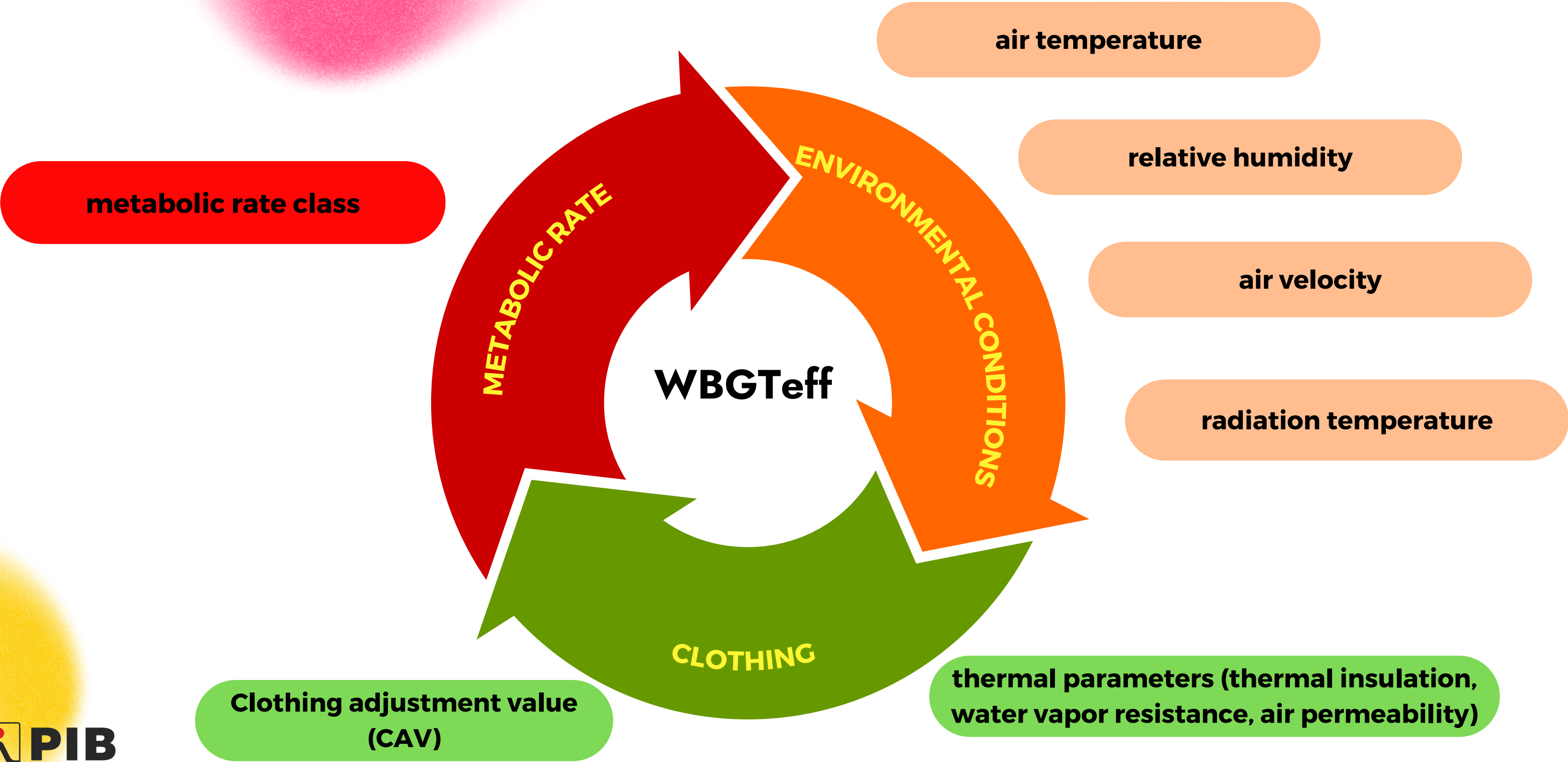
**Vector-borne diseases**



**Agrochemicals**

# Polish OSH regulations

## Wet-Bulb Globe Temperature



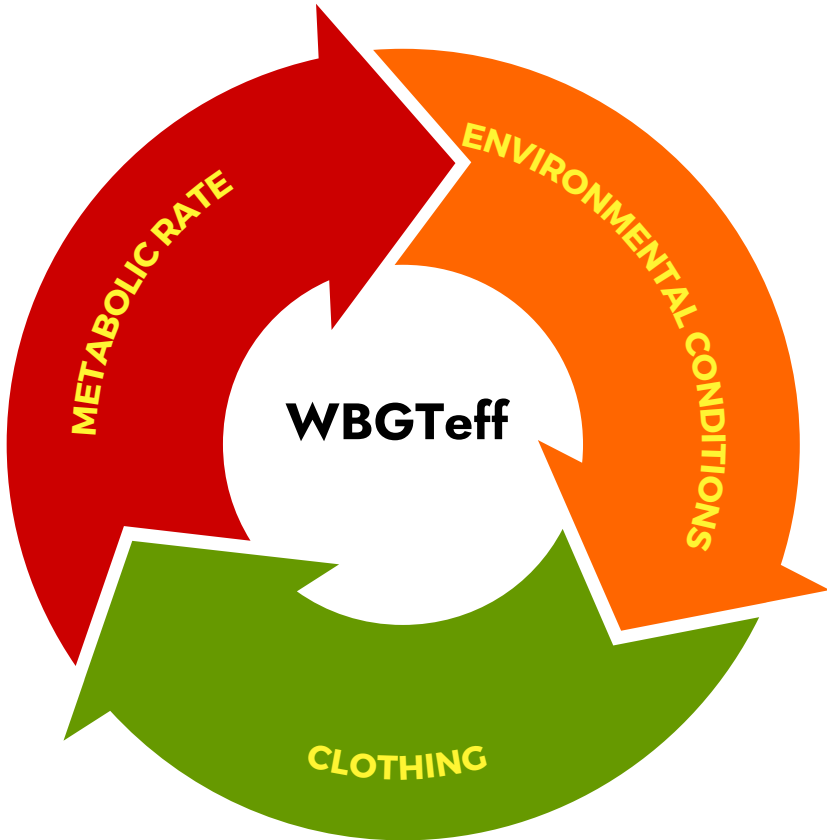
Journal of Laws 2021 item 325:

Regulation on the maximum permissible concentrations and intensities of harmful health factors in the work environment

European Standard:

PN-EN ISO 7246 Ergonomics of the thermal environment - Assessment of heat stress using the WBGT (wet bulb globe temperature) index

Metabolic rate class	Metabolic rate	Reference values of WBGT <sub>eff</sub>	
	W	acclimatized person [°C]	non-acclimatized person [°C]
0 (resting)	115 (100-125)	33	32
1 (low metabolic rate)	180 (125-235)	30	29
2 (moderate metabolic rate)	300 (235-360)	28	26
3 (high metabolic rate)	415 (360-465)	26	23
4 (very high metabolic rate)	520 (>465)	25	20



# Polish OSH regulations

**NOTICE** of the minister of health of 6 February 2023 (...) **on tests and measurements of factors harmful to health in the work environment** (Journal of Laws 2023 item 419):

In the case of a hot environment, tests and measurements of microclimate indicators are performed once a year.

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**REGULATION** of the Council of Ministers of 12 June 2019 (...) **on preventive meals and drinks** (Journal of Laws of 2019, item 1160):

The employer provides **MEALS** to employees performing heavy work and Wet-Bulb Globe Temperature (WBGT) above 25 °C.

The employer provides **DRINKS** to employees performing work:

- in hot environment with WBGT above 25 °C
  - outdoor working when air temperature is above 25 °C
  - at work stations, where the temperature caused by weather conditions, exceeds 28°C.
-

# Polish OSH regulations

## Wet-Bulb Globe Temperature

without solar radiation

$$WBGT = 0,7t_{nw} + 0,3t_g$$

with solar radiation

$$WBGT = 0,7t_{nw} + 0,2t_g + 0,1t_a$$

relative  
humidity  
(RH) and air  
temp. ( $t_a$ )

natural  
wet-bulb  
temp. ( $t_{nw}$ )

globe  
temp. ( $t_g$ )



WBGT effective (with clothing factor).

$$WBGT_{eff} = WBGT + CAV$$



# Problem Statement

**(CAV) clothing adjustment value**

Set of clothing	Thermal insulation of a set of clothing, clo	CAV, in WBGT, °C
<b>Standard working clothes made of fabric (reference set)</b>	0,6	<b>0</b>
Overall made of treated cotton fabric (or light polyester)	NDA	<b>0</b>
Cotton overall	1,0	<b>2</b>
<b>Clothing made of a double layer of fabric – often overalls intended to be worn on top of work clothes</b>	NDA	<b>3</b>
<b>Single layer overall with a hood and with a vapour barrier (e.g. protective overalls, chemical protection overalls)</b>	NDA	<b>11</b>

the higher CAV:

- water vapor resistance (Ret) ↑
- air permeability (im) ↓

**other clothes  
???**

NDA – no data available

PN-EN ISO 7243; Parsons 2003; Schmoldt 2018; ACGIH 2017  
Młynarczyk, M. et al., DOI: 10.5604/01.3001.0014.8148

# Problem Statement

## RESEARCH QUESTIONS:

1. What is the correct value of CAV ?
2. Do “thermal comfort parameters” of clothes change depending on washing cycles (state zero vs. state after 50 cycles) ?

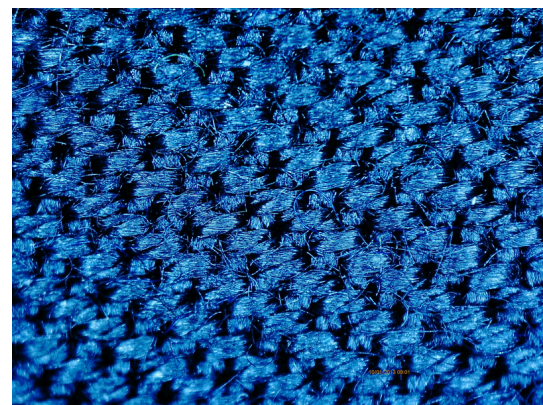
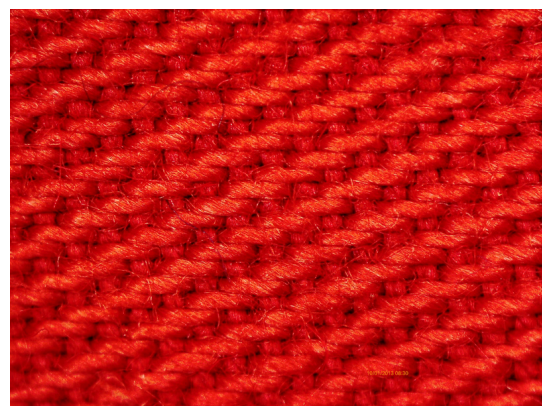
## Clothing ensembles

- selection of 15 sets of clothing for a hot environment
- thermal manikin's test (PN-EN ISO 15831, PN-EN 342; ASTM F2370):
  - thermal insulation,
  - water-vapour resistance
- state zero vs. state after 50 cycles



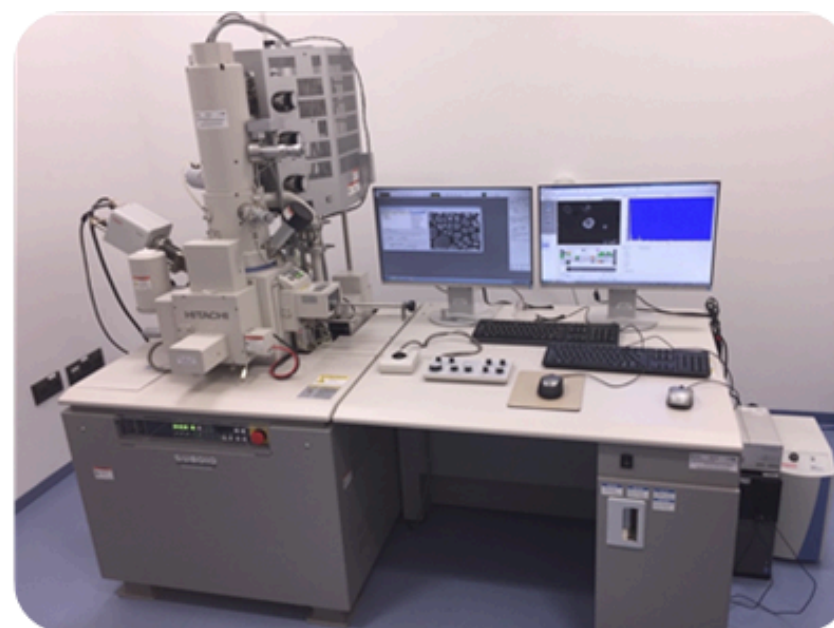
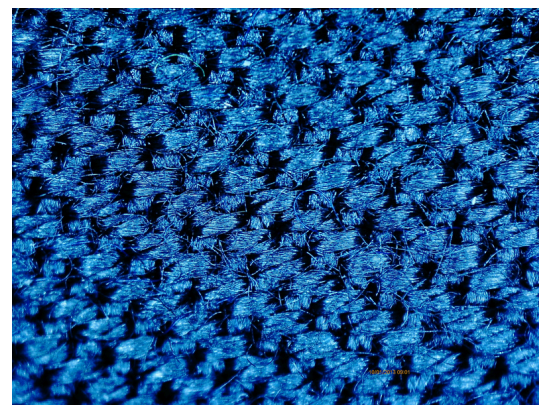
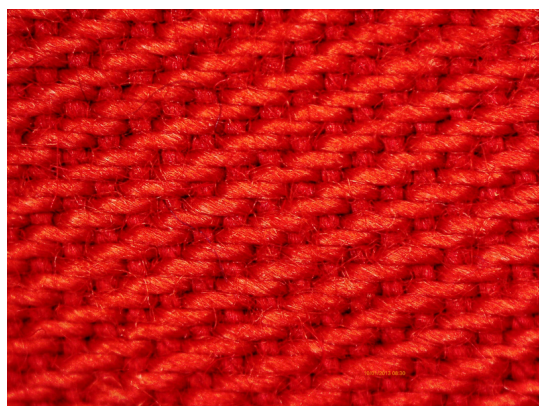
## Material samples

- material samples from selection clothes
- sweating guarded-hotplate test (PN-EN ISO 11092):
  - thermal resistance
  - water-vapour resistance
- material thickness, surface mass, air permeability
- state zero vs. state after 50 cycles



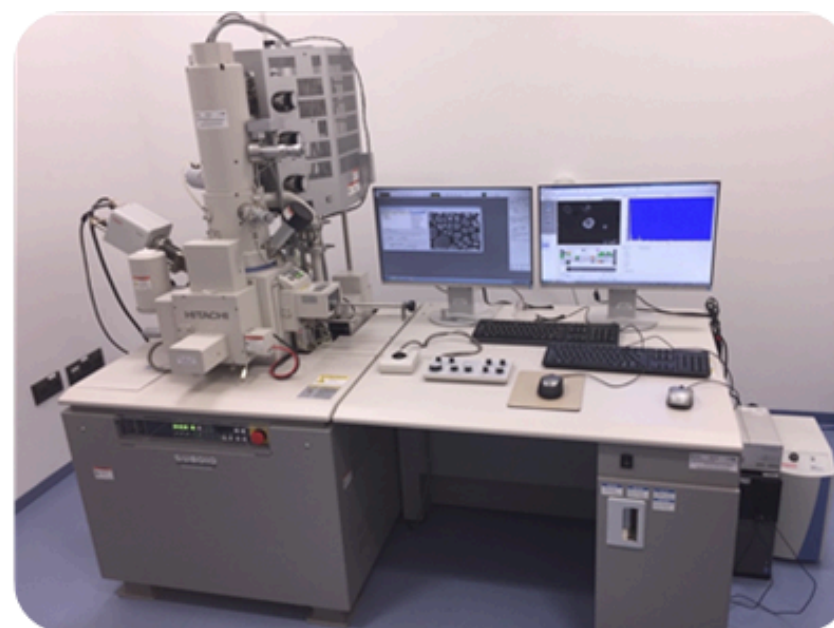
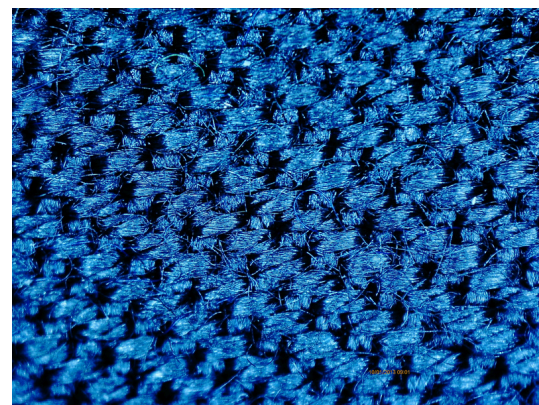
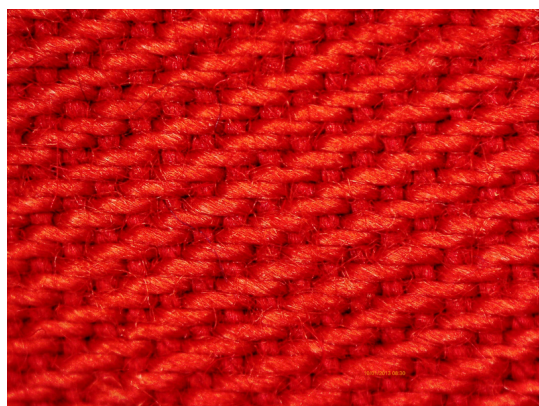
## Material samples

- material samples from selection clothes
- scanning electron microscopy (SEM):
  - image of changes
  - length and width of weft and warp
- state zero vs. state after 50 cycles



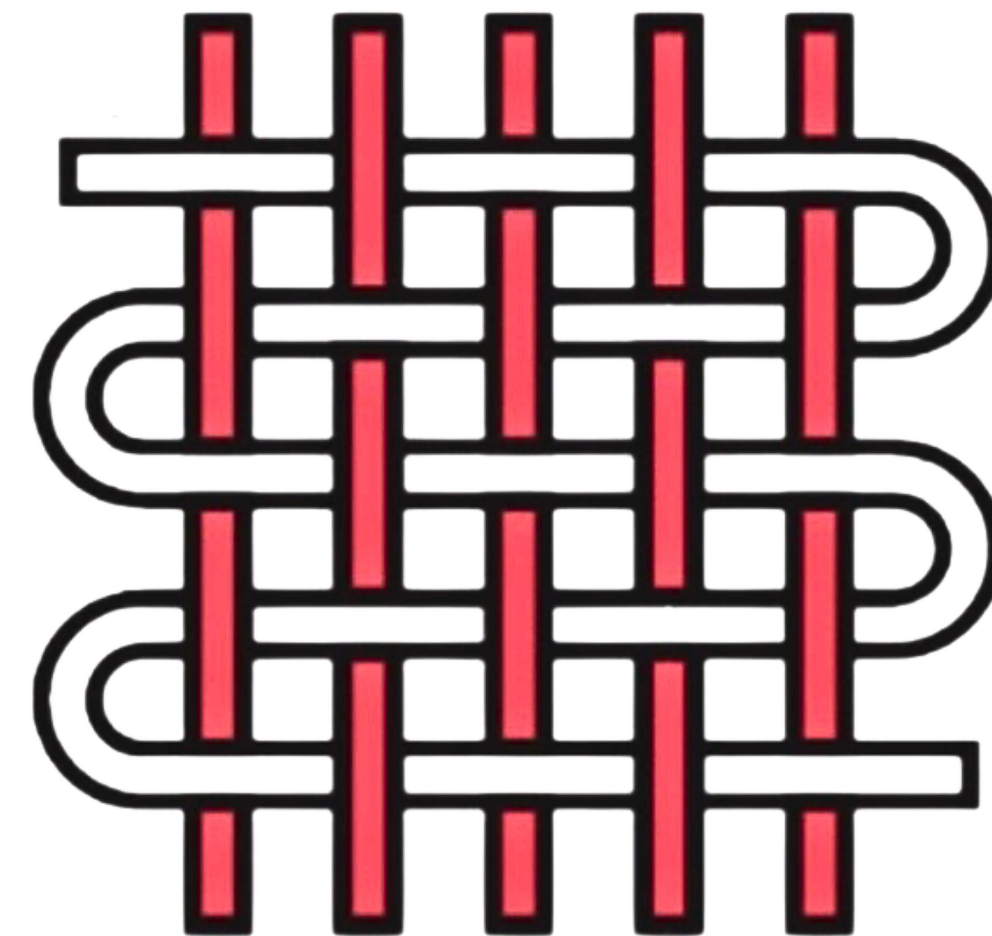
## Material samples

- material samples from selection clothes
- scanning electron microscopy (SEM):
  - image of changes
  - length and width of weft and warp
- state zero vs. state after 50 cycles



WEFT  
→  
transverse  
direction

WARP  
↓  
along  
direction



## Clothing ensemble

protective clothing against thermal hazards caused by electric arc:

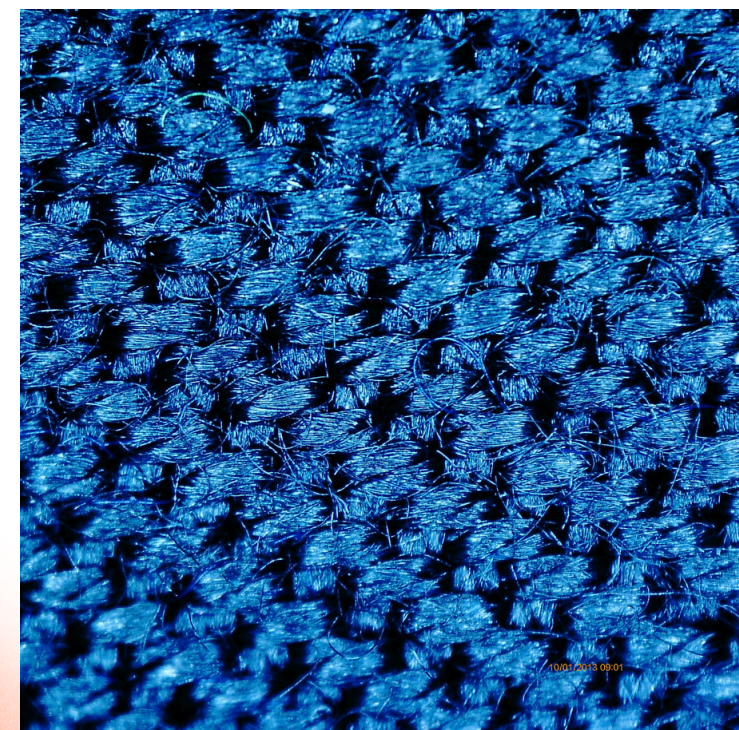
MS CHEM ARC PARKA (jacket)

MS CHEM ARC BIB PANTS (dungarees)

## Material samples

MOR2 - 93 % Nomex, 5 % Kevlar, 2 % Anti-static fibres;

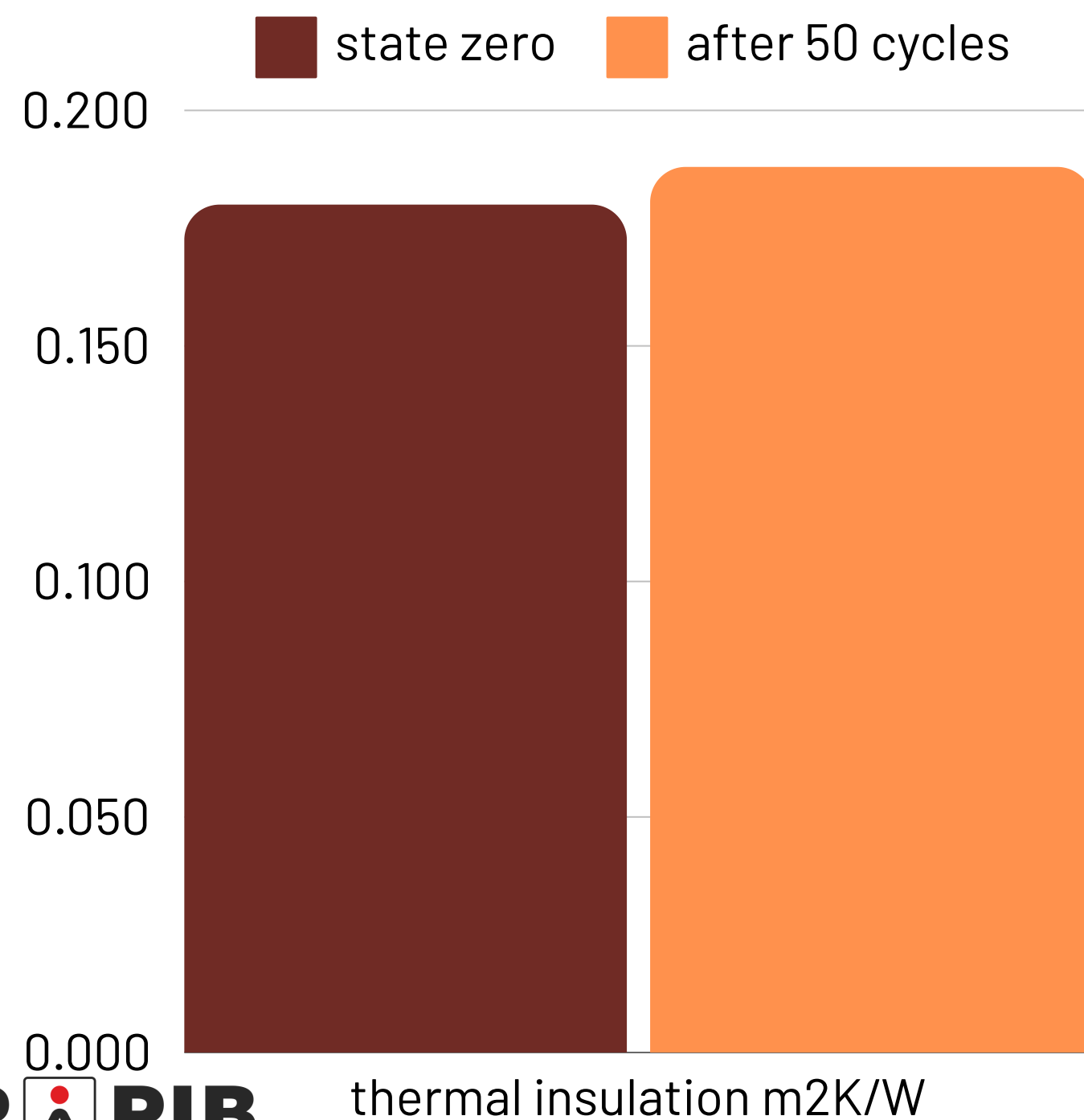
260 g/m<sup>2</sup> (surface mass)



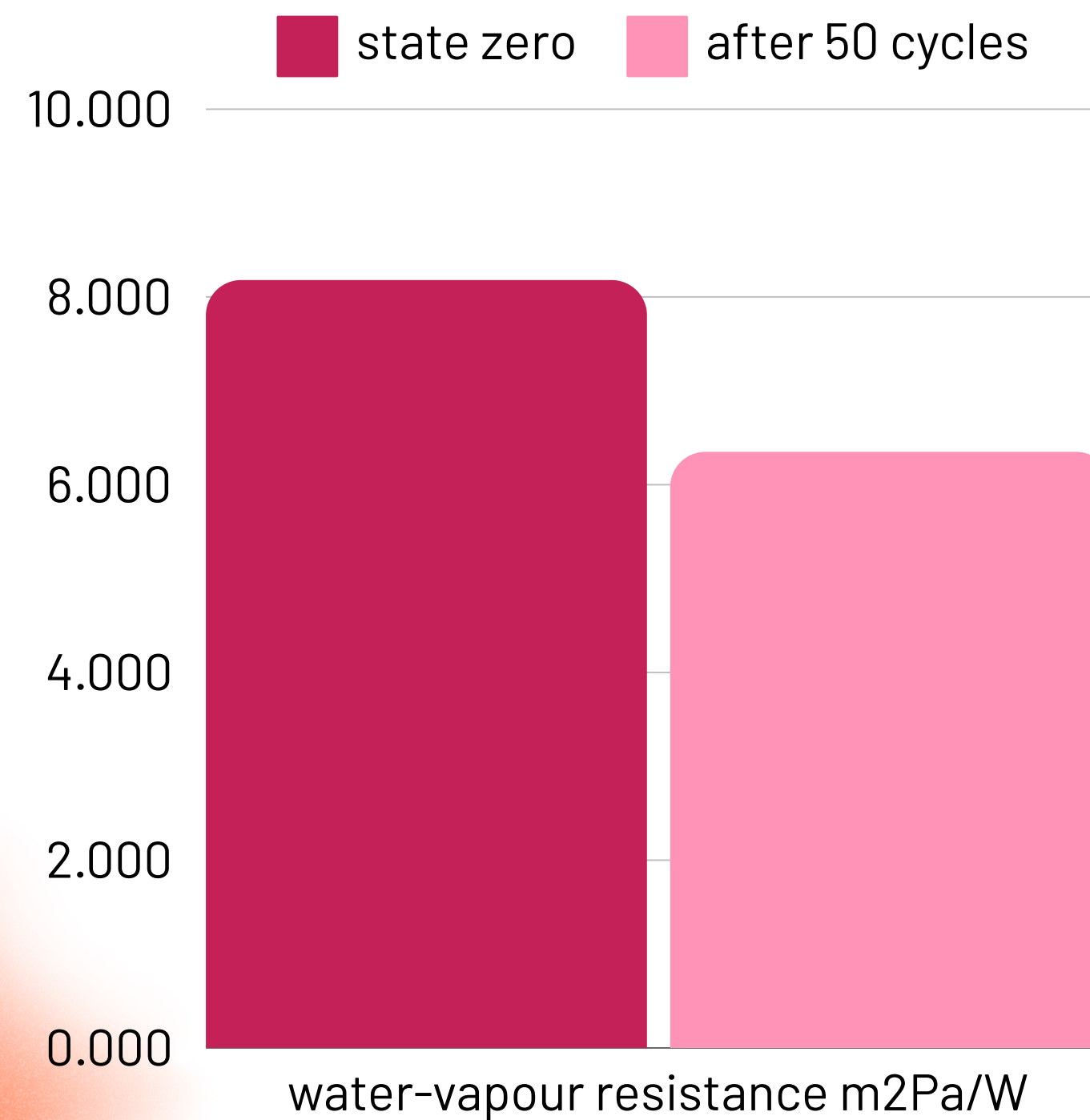
## Clothing ensemble

MS CHEM ARC PARKA; MS CHEM ARC BIB PANTS

$\Delta$  4 %



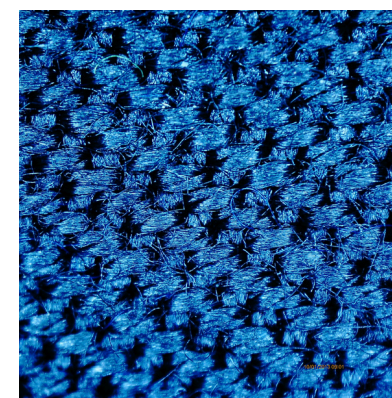
$\Delta$  22 %



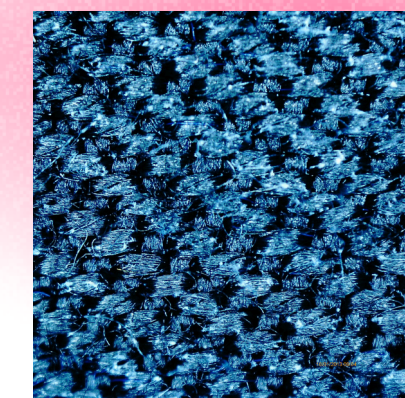
# Results

## Material samples

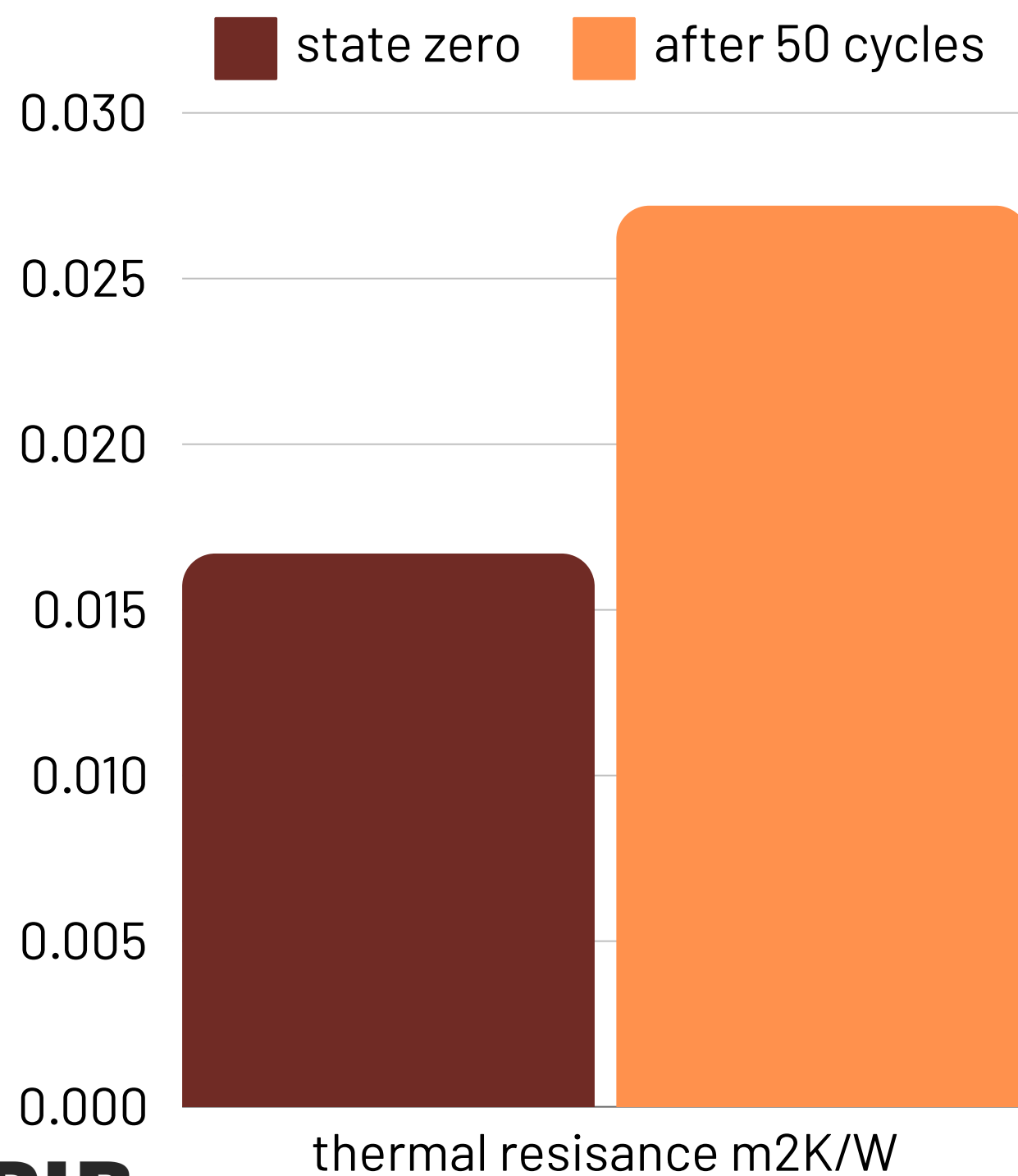
MOR2 - 93 % Nomex, 5 % Kevlar,  
2 % Anti-static fibres; 260 g/m<sup>2</sup>  
(surface mass)



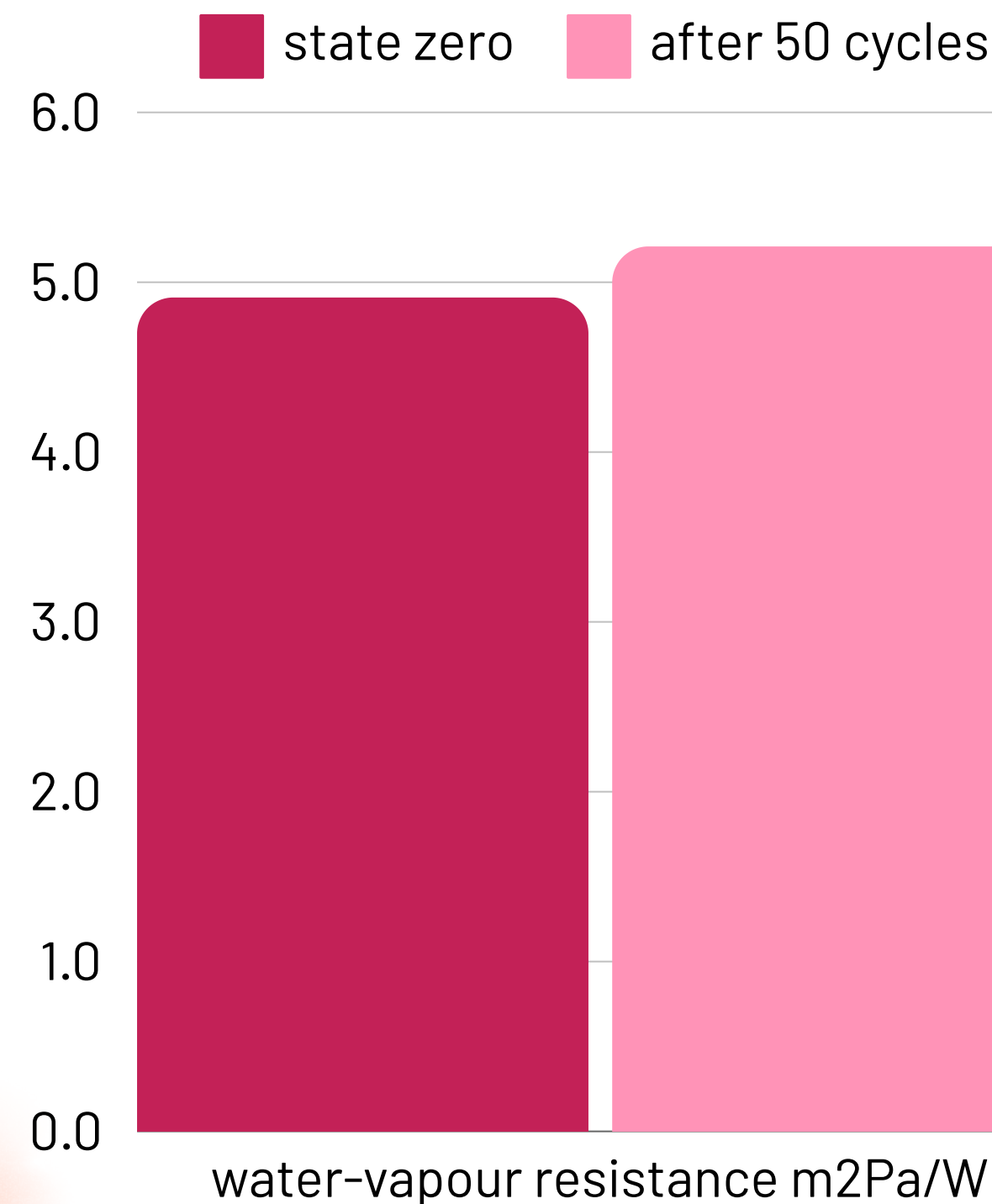
after  
50 cycles



$\Delta$  **39 %**



$\Delta$  **6%**

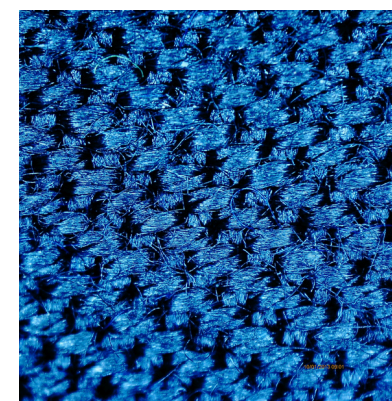


05

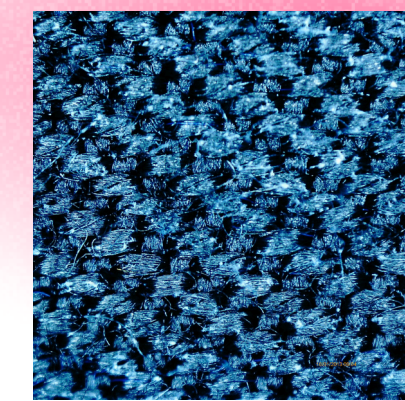
# Results

## Material samples

MOR2 - 93 % Nomex, 5 % Kevlar,  
2 % Anti-static fibres; 260 g/m<sup>2</sup>  
(surface mass)

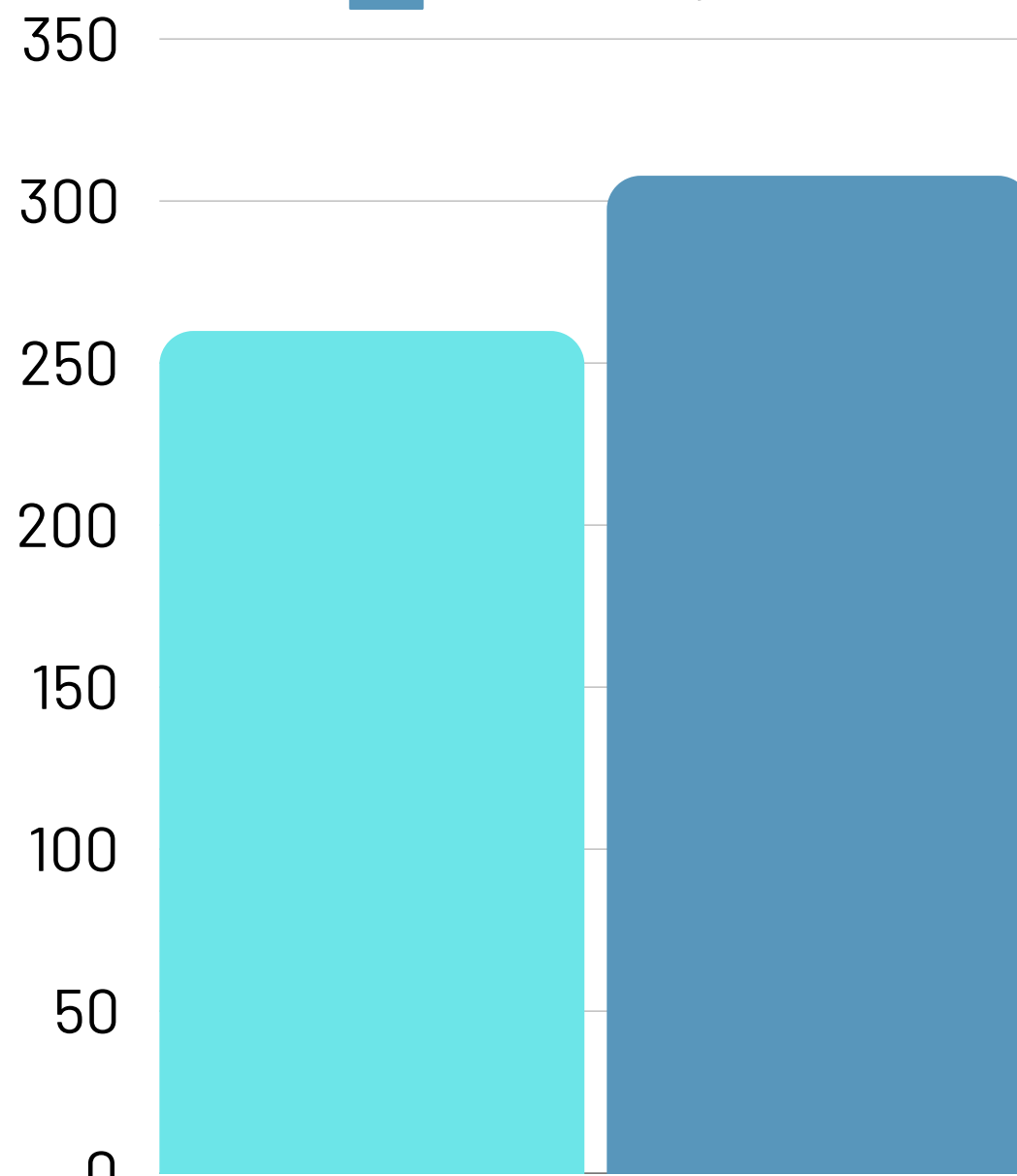


after  
50 cycles



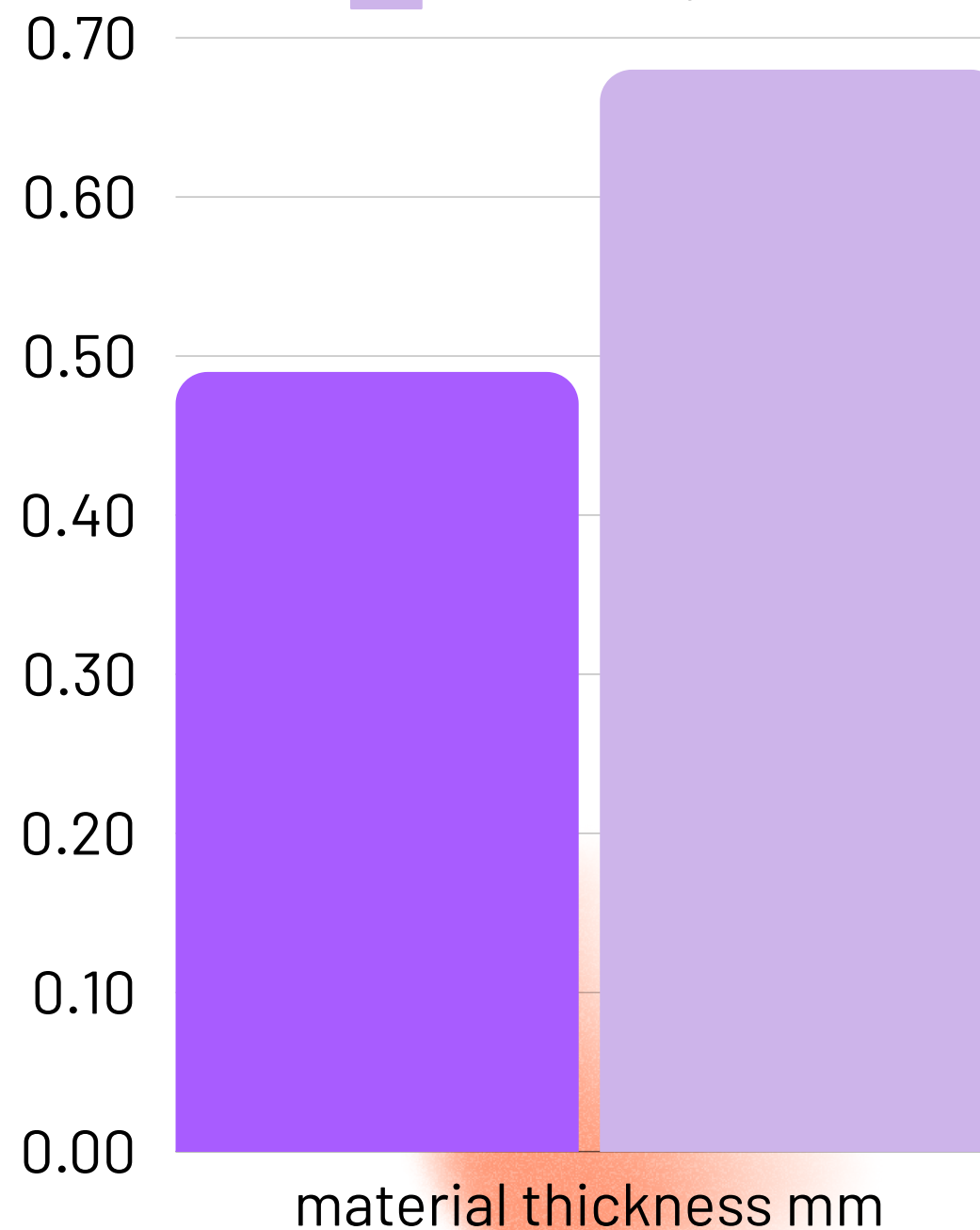
**Δ 15%**

state zero  
after 50 cycles



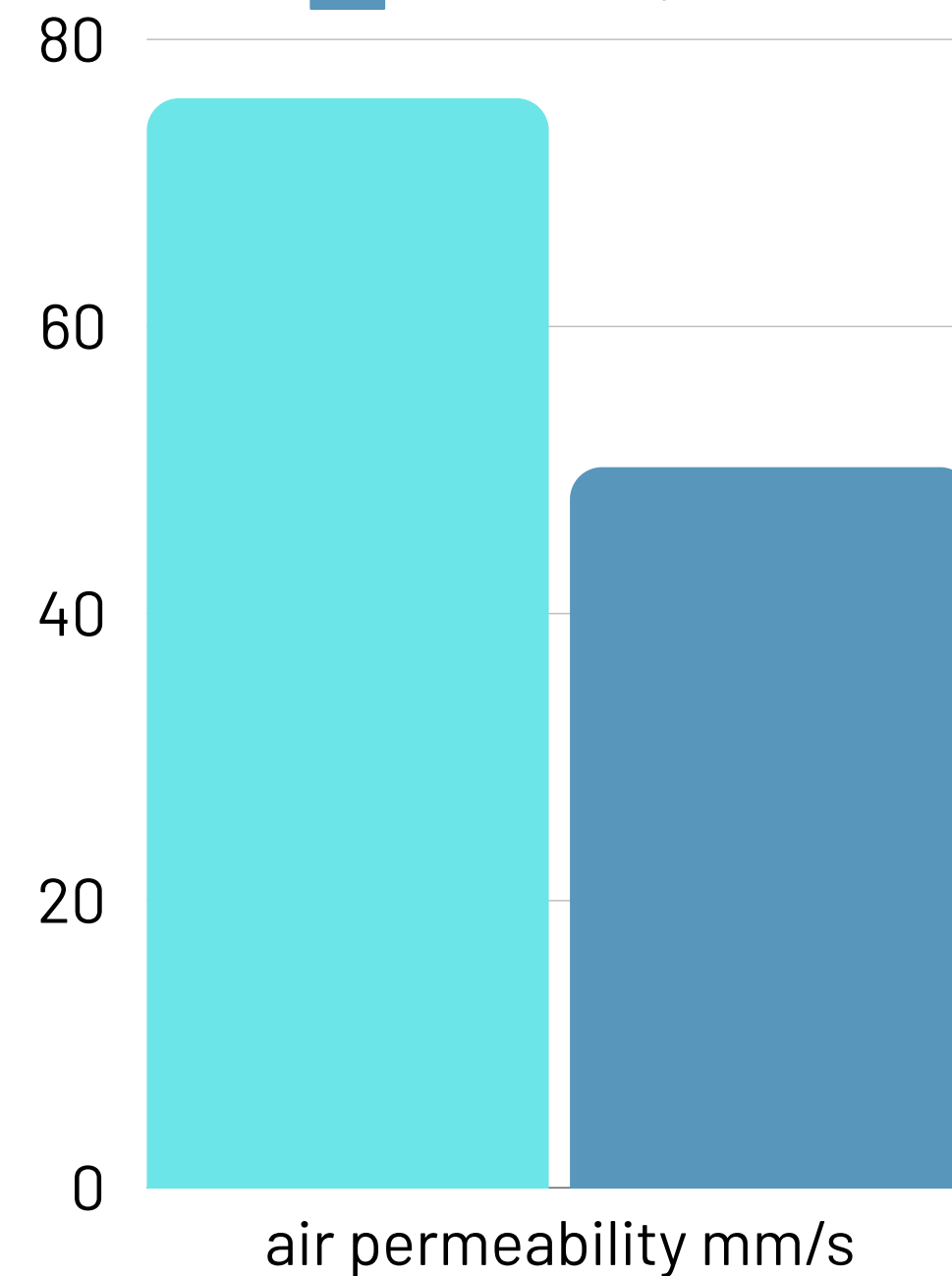
**Δ 30%**

state zero  
after 50 cycles



**Δ 34%**

state zero  
after 50 cycles



## Material samples

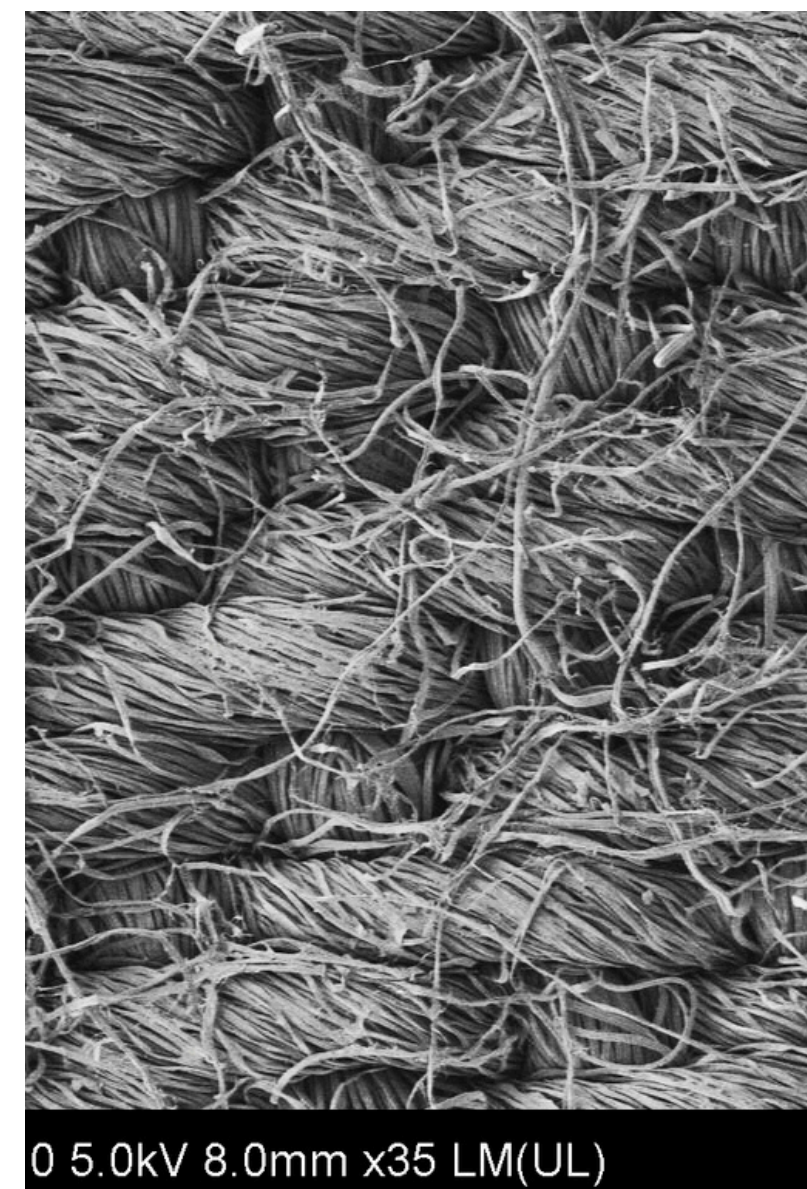
MOR2 - 93 % Nomex, 5 % Kevlar,  
2 % Anti-static fibres; 260 g/m<sup>2</sup>  
(surface mass)

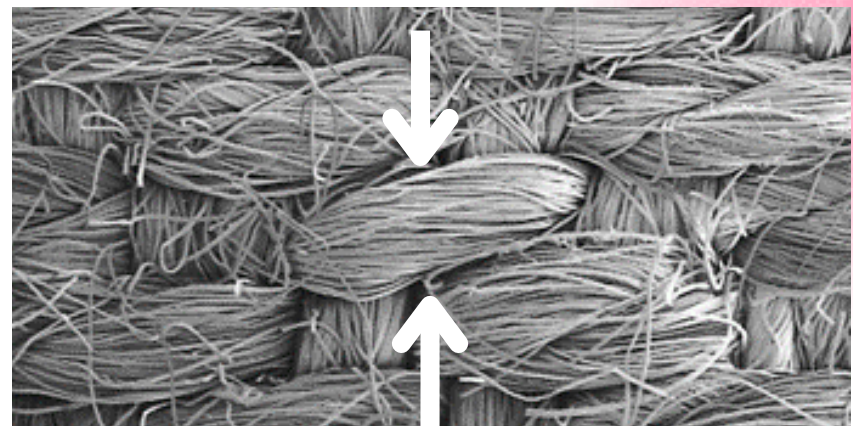
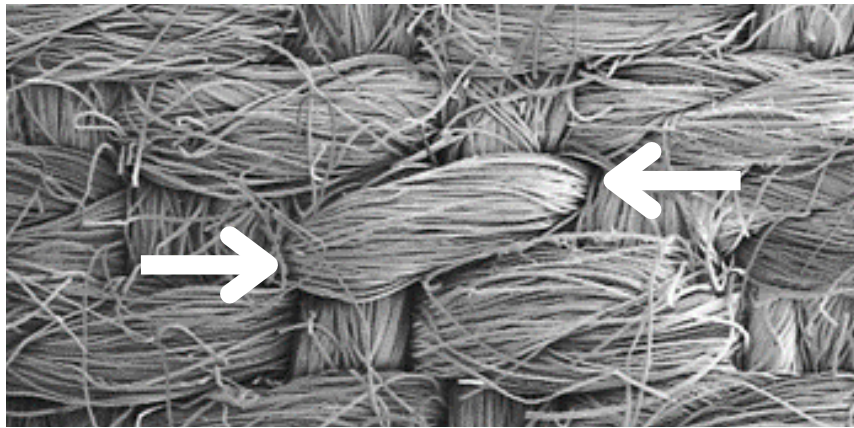
## SCANNING ELECTRON MICROSCOPY

### FIBER DIMENSIONS

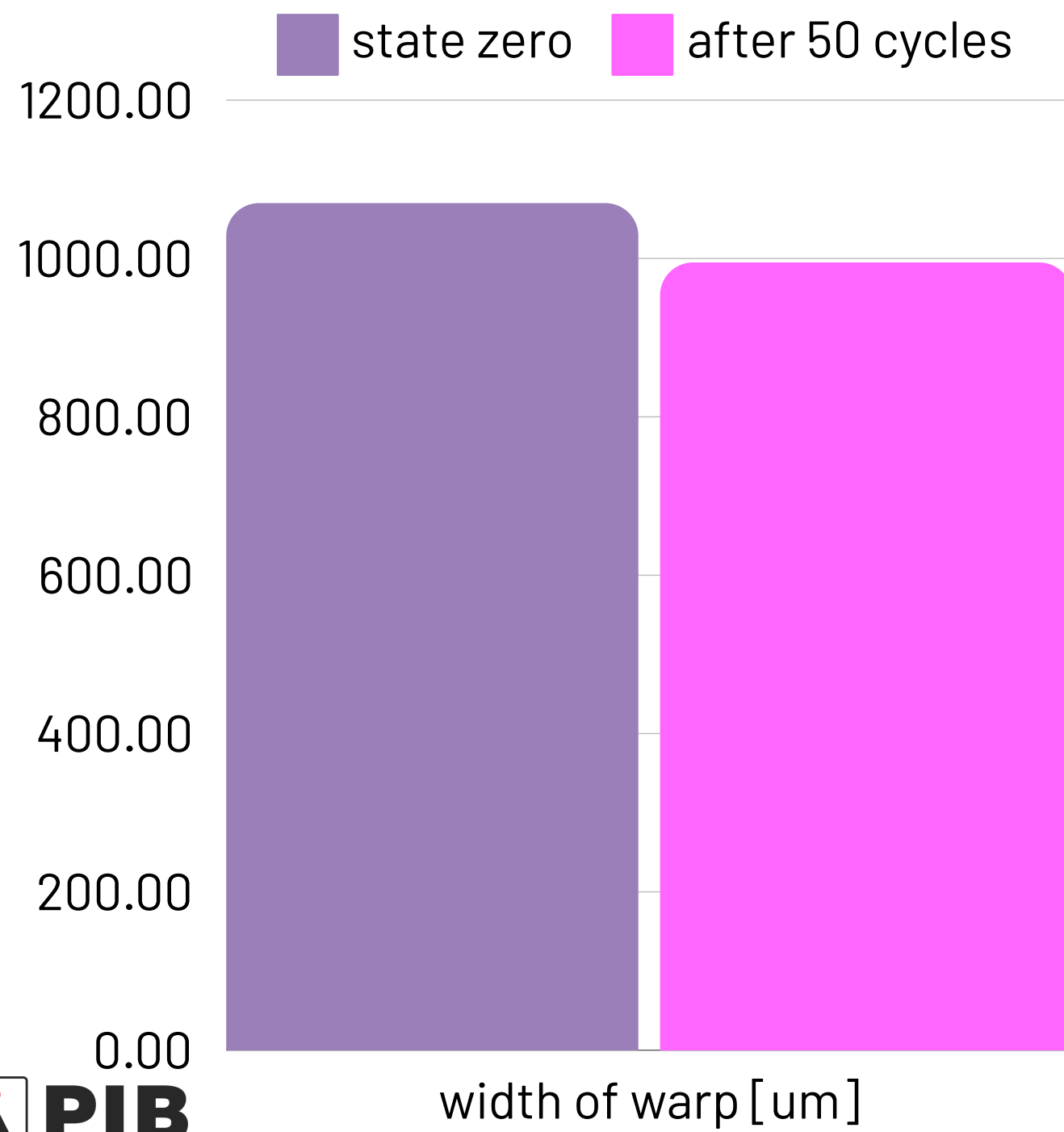


after  
50 cycles  
→

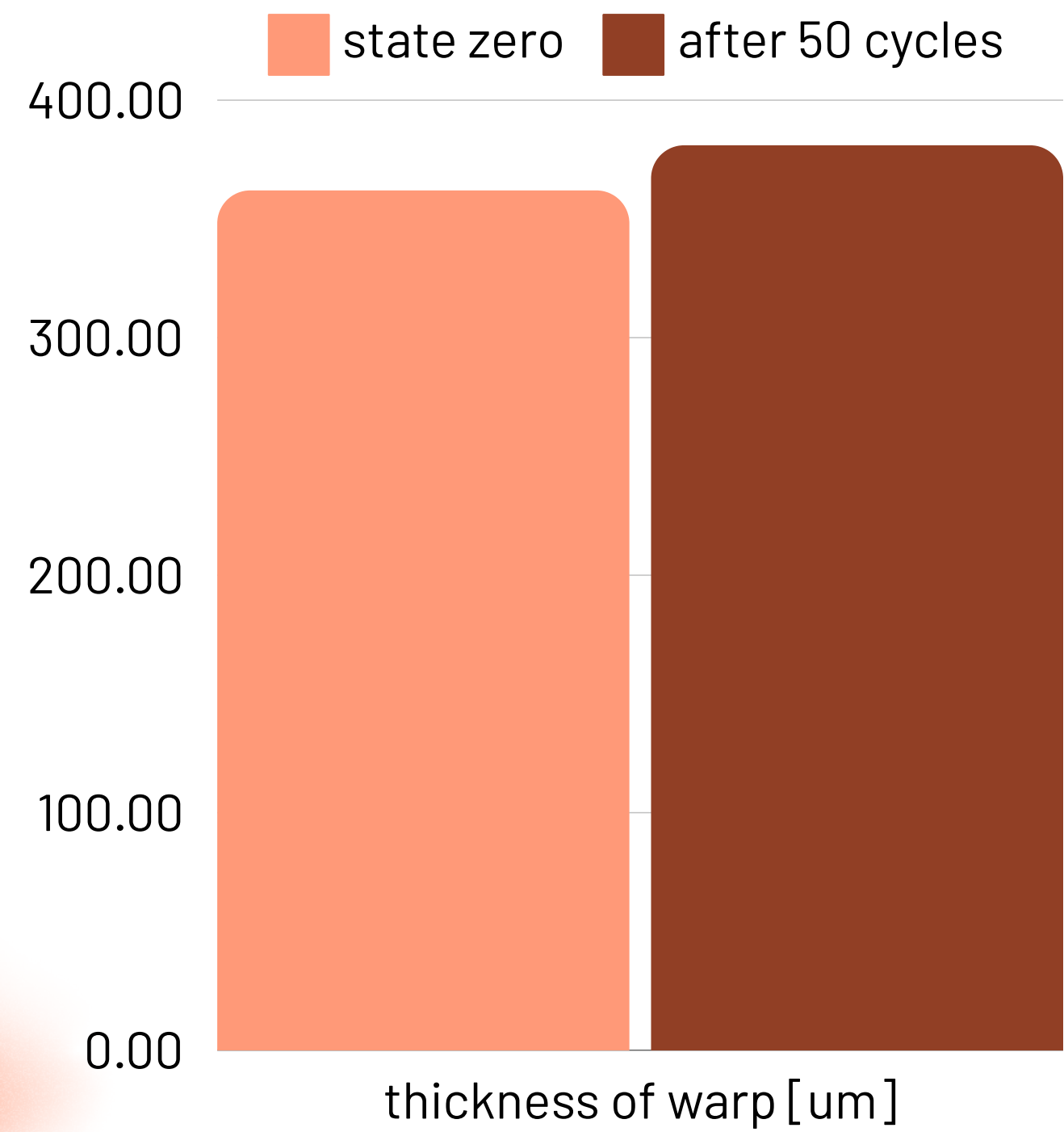




$\Delta$  7%



$\Delta$  5%

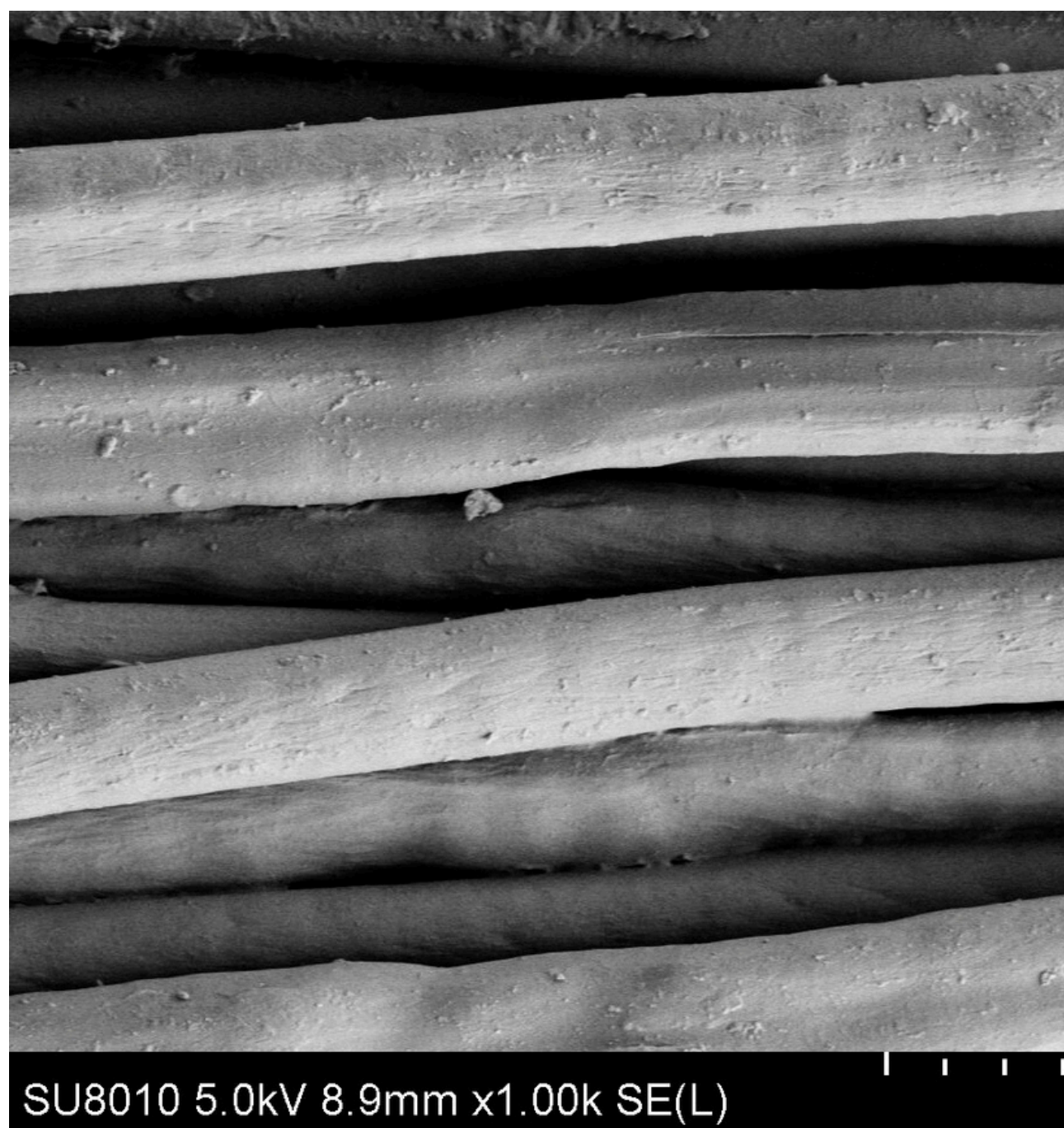


Material samples

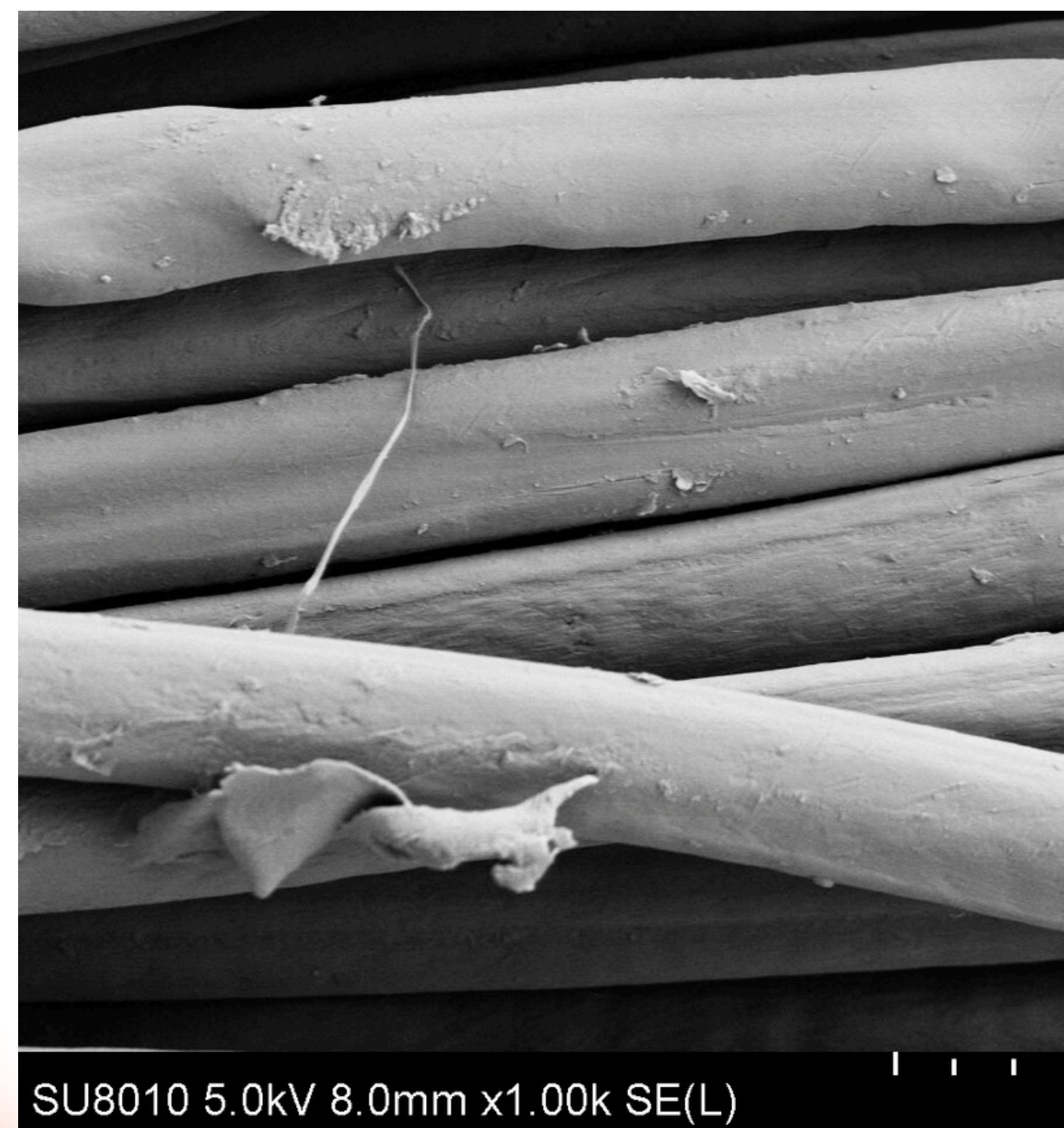
MOR2 - **93 % Nomex**, 5 % Kevlar,  
2 % Anti-static fibres; 260 g/m<sup>2</sup>  
(surface mass)

## SCANNING ELECTRON MICROSCOPY

### FIBER MORPHOLOGY



after  
50 cycles  
→



fiber damage

05

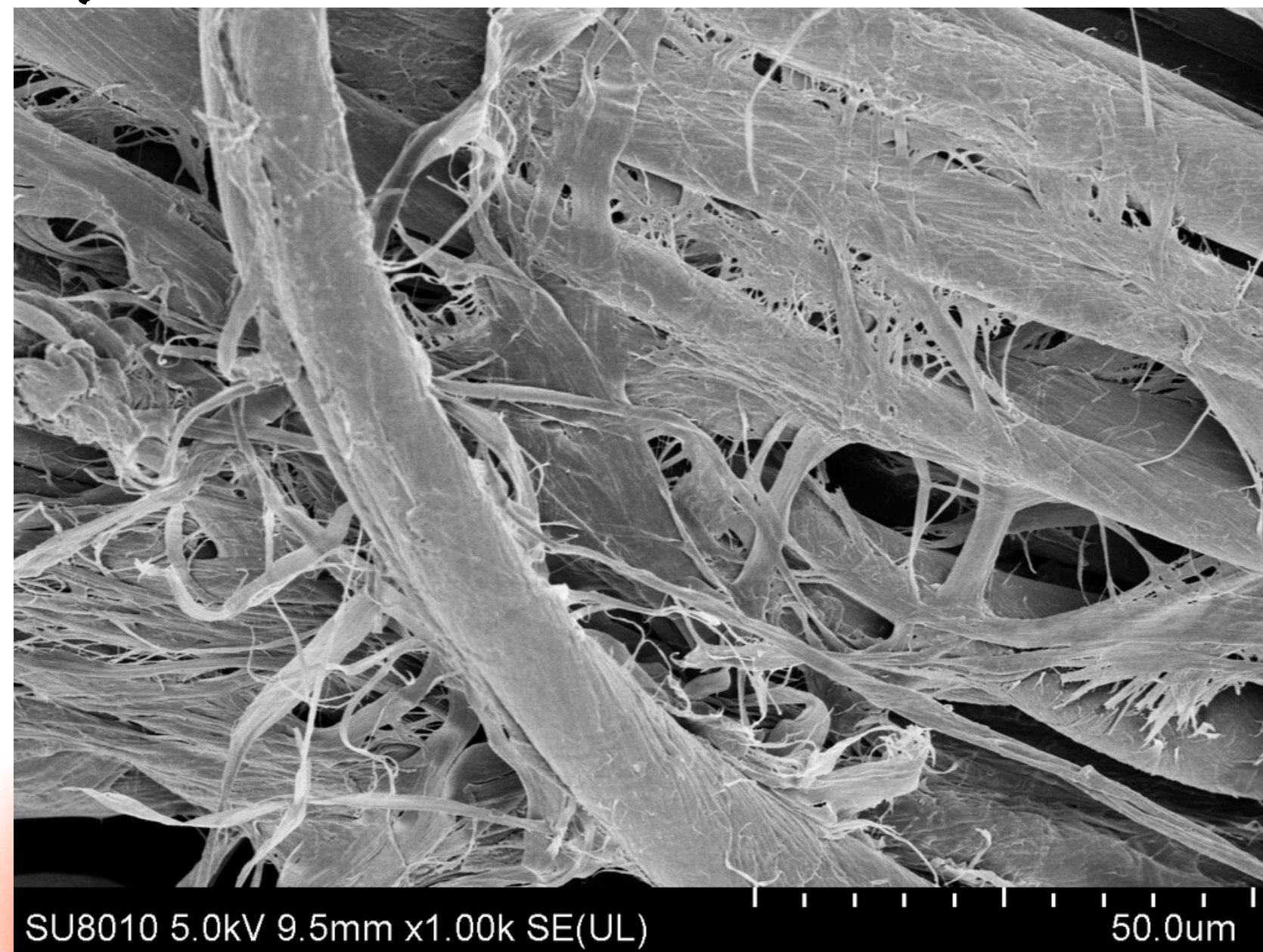
# Results

Material samples  
100% **Cotton** (350 g/m<sup>2</sup>)

## SCANNING ELECTRON MICROSCOPY

### FIBER MORPHOLOGY

after  
50 cycles  
→



fiber damage

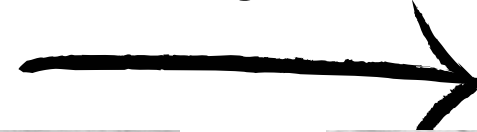
Material samples

50% **Cotton**/ 39% Modacrylic/ 10% Viscose/  
1% Antistatic fibres

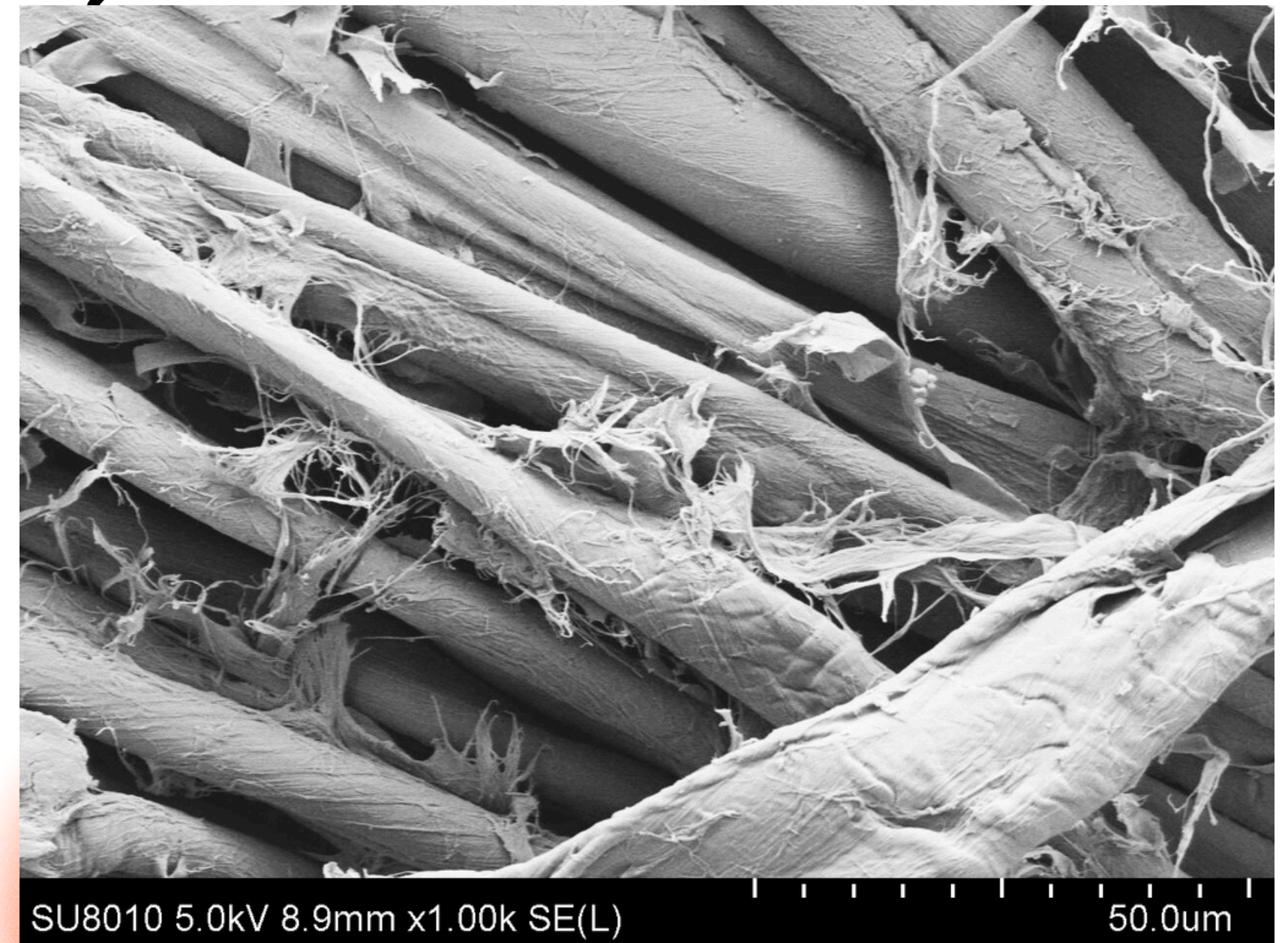
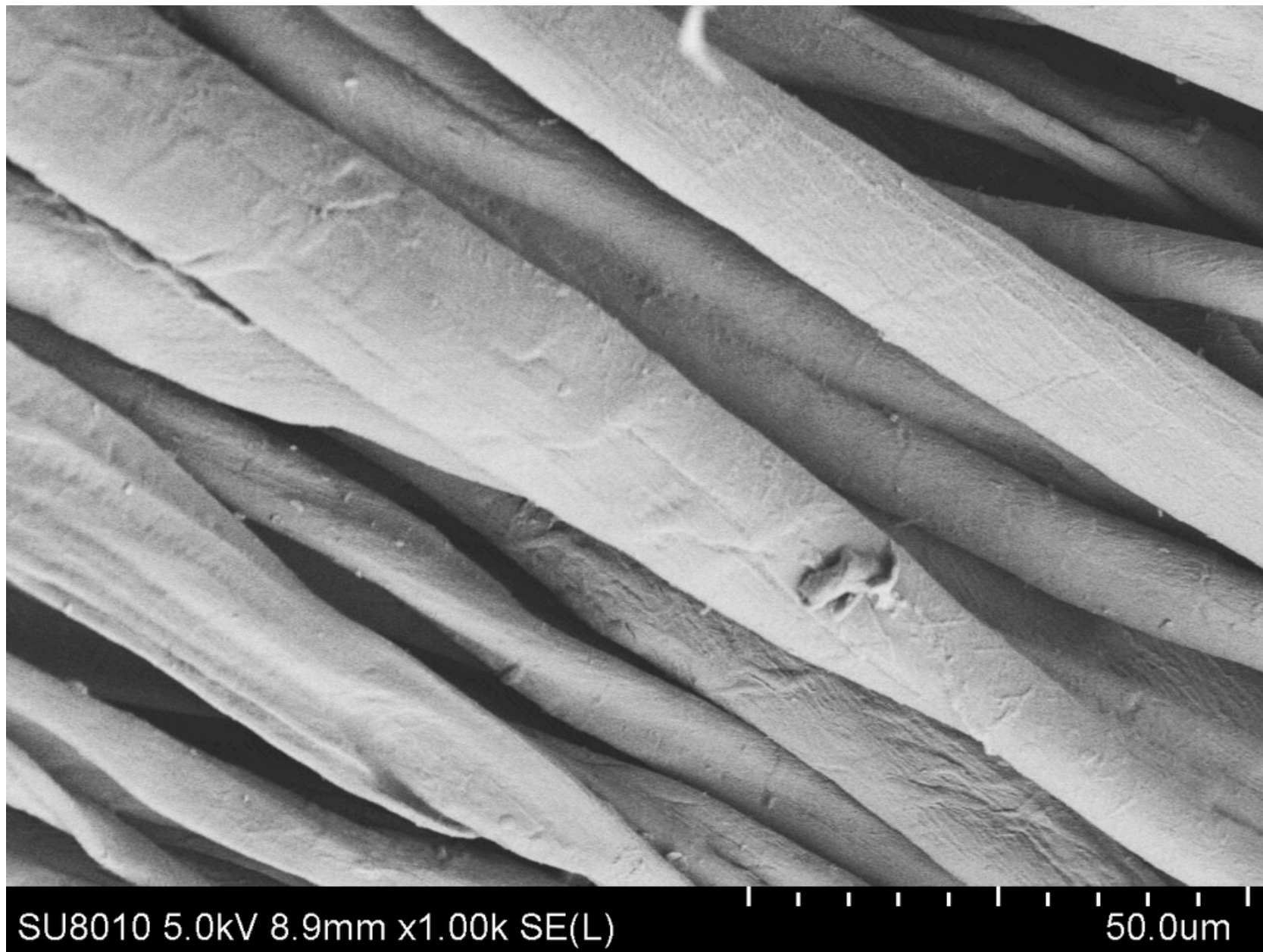
**SCANNING ELECTRON  
MICROSCOPY**

after

50 cycles



## FIBER MORPHOLOGY



fiber damage

05

# Results

## summary


### Material samples

MOR2 - 93 % Nomex, 5 % Kevlar,  
2 % Anti-static fibres; 260 g/m<sup>2</sup>  
(surface mass)

	It	Ret
zero vs. 50 cycles	↑ 4%	↓ 22%

	Rct	Ret	SM*	MT*	AP*
zero vs. 50 cycles	↑ 39%	↑ 6%	↑ 15%	↑ 30%	↓ 34%

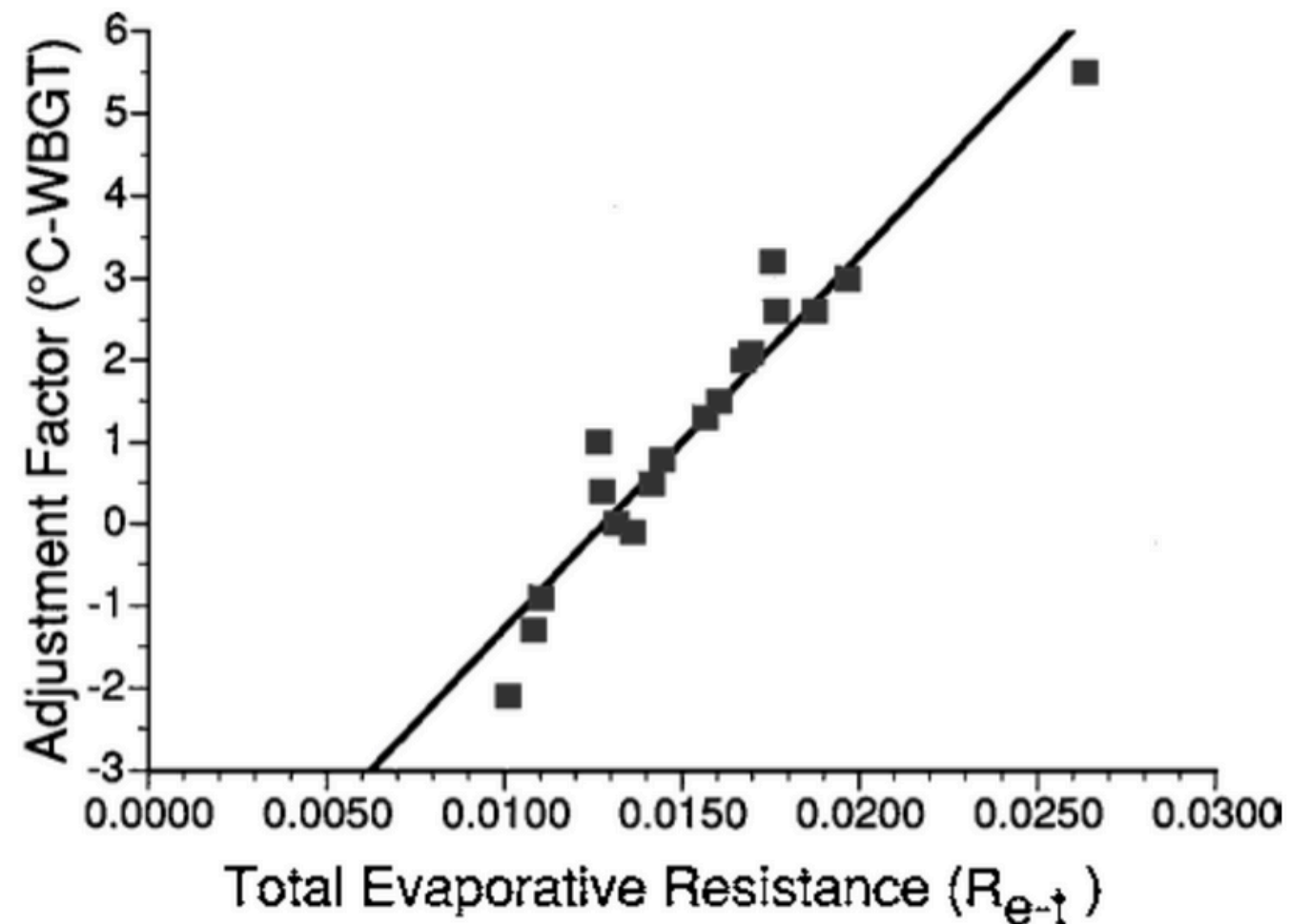
\* SM - surface mass; \* MT - material thicknes; \* AP - air permeability

	width of warp	thickness of warp
zero vs. 50 cycles	↓ 7%	↑ 5%

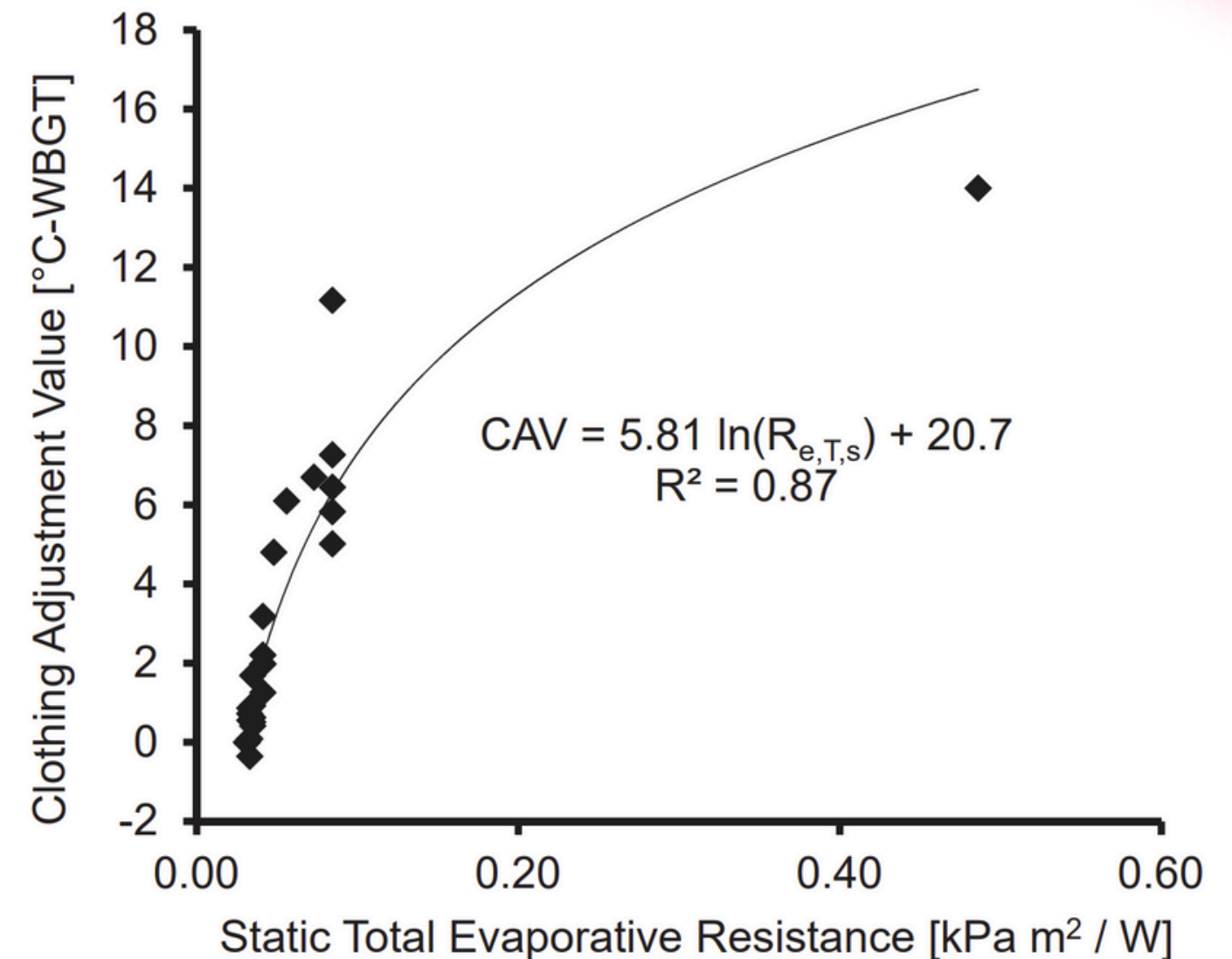
### the higher CAV:

- water vapor resistance (Ret) ↑
- air permeability (im) ↓

# Next step



O'Connor D. J. (1999) Continuing the Search for WBGT Clothing Adjustment Factors, Applied Occupational and Environmental Hygiene, 14:2, 119-125



Bernard T., et al. (2017) Prediction of WBGT - based clothing adjustment values from evaporative resistance Industrial Health , 55, 549-554

**Based on obtained thermal parameters,  
the CAV (for tested clothing) will be calculated**

# Next step

After analysis of the obtained results, **the database with the Clothing Adjustment Value (CAV) and thermal parameters of protective clothing (including wash cycles)** will be created.



Based on the database, **an application** that will allow for estimating the Clothing Adjustment Value (CAV) will be created.

The application will allow for **the correct assessment of the heat load in a hot environment (WBGTeff)**.

# Research Team



**Magdalena Młynarczyk**

**Ph.D. (Eng.), D.Sc.**

Laboratory of Thermal Load

Lider of the project



**Agnieszka Greszta**

**M.Sc., Eng.**

Laboratory of Protecting  
Clothing

Materials Research  
Specialist



**Magdalena Płocińska**

**Ph.D., Eng.**

Electron Microscopy Laboratory

Scanning Electron Microscopy  
Specialist



**Aleksandra Kopyt**

**BA**

Laboratory of Thermal  
Load

Researcher

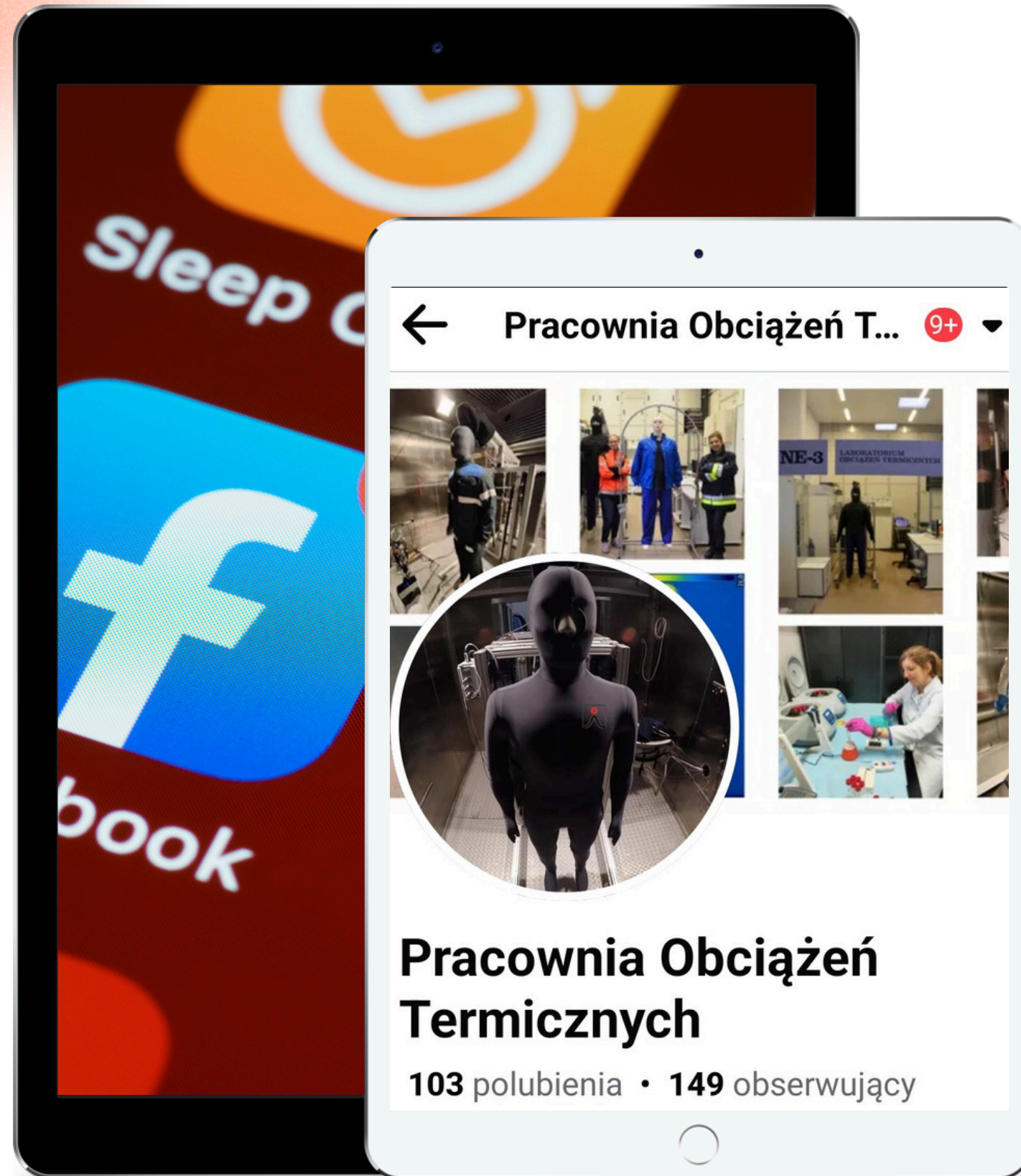


**Joanna Orysiak**

**Ph.D.**

Laboratory of Thermal  
Load

Researcher



[www.facebook.pl/pracowniaOT](https://www.facebook.pl/pracowniaOT)

**#labtherm**

This presentation was created on the basis of results of a research task carried out within the scope of the 6th stage of the National Programme “Governmental Programme for Improvement of Safety and Working Conditions”, funded by state services of the Ministry of Family, Labour and Social Policy (under the name of the Ministry of Family and Social Policy prior to December 12th, 2023).

Task no. 3.ZS.13 entitled “**Determination of Clothing Adjustment Value (CAV) including cooling garments for assessing worker's heat load in hot environments**”.

The Central Institute for Labour Protection – National Research Institute is the Programme’s main co-ordinator.

# Thank You

09 October, 2024

e-mail: [m.mlynarczyk@ciop.pl](mailto:m.mlynarczyk@ciop.pl)