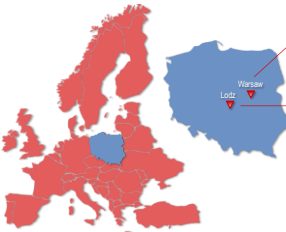


Cooling vests solutions

Anna Dąbrowska, Ph.D. (Eng.)

Central Institute for Labour Protection – National Research Institute
Department of Personal Protective Equipment

Department of PPE



Headquarters and main research laboratories



Department of Personal Protective Equipment

- Development of new solutions including smart PPE and their integration within SWE
- Development of new testing methods of PPE components and whole structures
- Development of evaluation criteria and contribution to standardisation



- ✓ Notified body no. 1437 within a scope of Regulation (EU) 2016/425
- ✓ Laboratories accredited (AB 038) by the Polish Centre for Accreditation

2

Thermal load

during work in protective clothing



Rescue operations



Constant hot environment



Barrier protective clothing



Work outside



3

Prevention from overheating

during work in protective clothing

Air conditioning systems



Cooling clothing that comprehensively meets the needs of people experiencing heat stress while working is still sought.

4

COOLING CLOTHING division by medium



liquid



air



PCM



Peltier modules

The selection of cooling method should be supported by an analysis of:

- Environmental conditions (especially temperature and relative air humidity),
- Type of activities performed by the employee (in terms of metabolism and required mobility),
- Necessary cooling time,
- Eventual additional restrictions.

5

Liquid cooling clothing

Basic features

- ✓ High efficiency
- ✓ Appropriate for high RH
- ✓ Easy regulation of cooling intensity
- ✓ Tubes distributing cooling medium – required tight adjustment
- ✓ Cooling unit – limited mobility



More information:

- Bartłomiej G., Dąbrowska A., Marzalek A., 2017. Assessment of an active liquid cooling garment intended for use in a hot environment, Applied Ergonomics, 58, pp. 182-189
- Bartłomiej G., Dąbrowska A., Włodarczyk B., Construction of a garment for an integrated liquid cooling system, Textile Research Journal, 83(17), 2013, pp. 1809-1816
- Bartłomiej G., Dąbrowska A., Marzalek A., Assessment of the human responses to the influence of personal liquid cooling system in the hot environment, International Journal of Clothing Science and Technology, Vol. 26, Iss. 2, 2014

6

Air cooling clothing



- Basic features**
- ✓ Mobility
 - ✓ Required source of the compressed air
 - ✓ Operating time depends on the compressed air cylinder
 - ✓ Tubes distributing cooled air

More information:

- Marczak A., Bartkowiak G., Dąbrowska A., Kozłowska S., Jagalski K., Malowski K., Bugajska L., Mine Rescuers' Heat Load during the Exposure of Physical Effort in a Hot Environment, Using Ventilator Underwear and Selected Breathing Apparatus, International Journal of Occupational Safety and Ergonomics, 24(1), 1-13, 2017

Cooling clothing with PCM



- Basic features**
- ✓ Doesn't require additional devices
 - ✓ Ergonomics
 - ✓ Full mobility
 - ✓ Wide range of phase change transition temperature
 - ✓ Operating time depends on phase change transition
 - ✓ Cooling efficiency depends on weight

More information:

- Mlynarczyk, M.; Bartkowiak, G.; Dąbrowska, A. 2022. Cooling Effect of Phase Change Materials Applied in Undergarments of Mine Rescuers in Simulated Utility Conditions on Thermal Manikin. Materials, 15, 1999.
- Bartkowiak G., Marczak A., Dąbrowska A., 2020, Thermal Load of mine rescuers in the underwear and protective clothing with phase change materials in simulated utility conditions, Materials 13(19), 4320
- Bartkowiak G., Dąbrowska A., Marczak A., Analysis of thermoregulation properties of PCM garments on the basis of ergonomic tests, Textile Research Journal 2013, 83(2), pp. 148-159
- Bartkowiak G., Dąbrowska A., Assessment of the Thermoregulation Properties of Textiles with Fibres Containing Phase Change Materials on the Basis of Laboratory Experiments, FIBRES & TEXTILES in Eastern Europe 2012, 26, 1960, 47-52

Specific requirements for outdoor workers

- Changeable weather conditions
- High visibility



A promising direction: thermoelectric modules

More information:

- Dąbrowska, A.; Kobus, M.; Sowiński, P.; Starzak, L.; Pełosiński, B. Integration of Active Clothing with a Personal Cooling System within the NGloT Architecture for the Improved Comfort of Construction Workers. Applied Sciences 2024, 14(2), 586; <https://doi.org/10.3390/app14020586>
- Dąbrowska, A.; Kobus, M.; Starzak, L.; Pełosiński, B. Evaluation of Performance and Power Consumption of a Thermoelectric Module-Based Personal Cooling System—A Case Study. Energies 2023, 16, 4059. <https://doi.org/10.3390/en16124059>
- Dąbrowska, A.; Kobus, M.; Starzak, L.; Pełosiński, B. Analysis of Efficiency of Thermoelectric Personal Cooling System Based on Utility Tests. Materials 2022, 15, 1115
- Dąbrowska, A.; Kobus, M.; Pełosiński, B.; Starzak, L. A Comparative Analysis of Thermoelectric Modules for the Purpose of Ensuring Thermal Comfort in Protective Clothing. Applied Sciences, 2021, 11, 8068

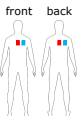


Methods

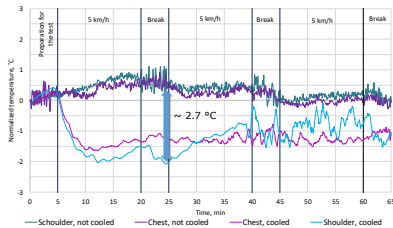
Utility tests in laboratory conditions

- **Objective:** to assess the impact of the applied cooling on the user's thermophysiological comfort
- **6 test participants – end-users**
- **Ambient temperature of 25 °C and a relative humidity of 65%**

- **Measured parameters:**
 - Local skin temperature



Results



Next Generation Internet of Things

CIOP PIB



ASSIST-IoT main goal was to develop a new architectural approach to future IoT

- Address the needs of smart factories, logistics, constructions and automotive industries
- Address scalability and flexibility of data processing and analytics
- Allow multiple streams of human and environment collected contextual data, to benefit multiple AI-infused applications
- Transform existing IoT-based solutions into smarter, more secure, trustable, and efficient environments

13

ASSIST-IoT Pilots

CIOP PIB

Pilot 1: Port automation Pilot



Pilot 3: Cohesive vehicle monitoring and diagnostics Pilot



Pilot 2: Smart Safety of workers Pilot



14

Smart Safety of Workers Pilot

CIOP PIB

The Smart safety of workers Pilot was focused on the improvement of health and safety at the construction site by providing human-centric modular solutions



- Trials:
- Trial 1: Occupational safety and health monitoring
 - Trial 2: Fall-related incidents identification
 - Trial 3: Health and safety inspection support

Pilot driven by the Central Institute for Labour Protection – National Research Institute and Mostostal Warszawa SA

15

Trial 1: Occupational safety and health monitoring

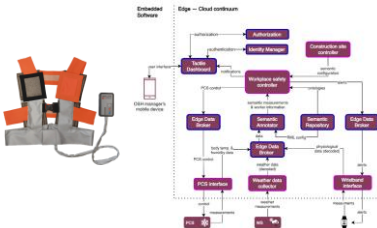
CIOP PIB

- Detect heart rate abnormalities that are potentially threatening
- Monitor use of required PPE
- Prevent unwarranted access to dangerous areas
- Track construction worker's location
- Prevent overexposure of construction worker to UV radiation
- Notify the OSH manager about incidents and life-threatening events
- Reduce thermal discomfort of construction workers at the construction site

16

Integration within ASSIST-IoT architecture

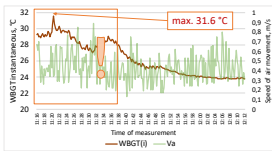
CIOP PIB



Based on the collected measurements, Artificial Intelligence instructs the PCS about the appropriate cooling intensity at a given moment

17

Thermal load of glassworkers

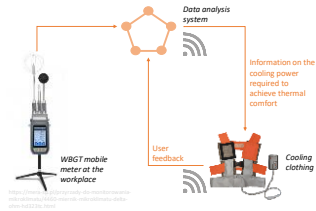


WBGT index measurement cooperation Cooling clothing

18

Overheating monitoring and prevention system for glassworks

- ✓ **On-site WBGT mobile meter**
 - real-time measurements of worker's thermal load
- ✓ **Wearable cooling system**
 - thermoelectric modules
- ✓ **Individual and automatic** adjustment of cooling intensity



This presentation was created on the basis of results of a research task carried out within the scope of the 6th stage of the National Programme "Governmental Programme for Improvement of Safety and Working Conditions" funded by the resources of the National Centre for Research and Development. Task no. IJPN.02 entitled "Monitoring and preventing from the thermal load of people working in hot microclimate conditions". The Central Institute for Labour Protection – National Research Institute is the Programme's main co-ordinator.

Anna Dąbrowska, Ph.D. (Eng.)

Department of Personal Protective Equipment
Laboratory of Protective Clothing

tel.: 048 42 648 02 33
e-mail: andab@ciop.lodz.pl

CIOP **PIB**